



## **Essex Cross Country League – Round 1 – One Tree Hill Sat 14<sup>th</sup> October**

**There were three individual wins as the first of the five Essex Cross Country League fixtures started in bright but chilly conditions at One Tree Hill on Saturday.**

The **Senior Men** had an impressive 24 athletes among over 250 finishers. James Connor joined a select band of Havering AC runners by winning an Essex League race, coming home a minute clear of the field. His first place finish was supported by James Stewart in a good 11<sup>th</sup>, just in front of Kieran O'Hara 14<sup>th</sup> and Sam Atkins 15<sup>th</sup> with Ian Anthony 46<sup>th</sup> and Luke Chester 51<sup>st</sup> completed the scoring team who had to settle for second place. Will Kirk 56<sup>th</sup> led home a group with Rob Trevor 57<sup>th</sup>, Louis Berrett 63<sup>rd</sup>, Dan Meredith 71<sup>st</sup> and Alfie Waithaka 77<sup>th</sup>. Under 20 Max Robins 84<sup>th</sup> on his debut in the senior race was closely followed by Steve Rand in 86<sup>th</sup> and Martin Chester 91<sup>st</sup>, with John Whitehead just outside of the top hundred in 101<sup>st</sup>. Gary Atkins 114<sup>th</sup>, Tony Pecoraro 127<sup>th</sup>, Steve Walker 136<sup>th</sup>, Graham Hogan 139<sup>th</sup>, Matt Bland 148<sup>th</sup> all made the top 150. Michael O'Callaghan 157<sup>th</sup>, Paul Berrett 174<sup>th</sup> Roy James 188<sup>th</sup> and Tony Collins 225<sup>th</sup> completed the Havering contingent. Havering were second in the Veterans rankings thanks to James Connor, Ian Anthony, Will Kirk and Rob Trevor.

The **Senior Women** started their season with a fourth place as Morgan Campbell was first home in seventh, Ginte Bailey in 13<sup>th</sup>, Robyn Matson was 21<sup>st</sup> and Clare Davies in 33<sup>rd</sup> place completed the scoring four with Stephanie Phillips (57<sup>th</sup>), Clare Rudgley (87<sup>th</sup>) and Tracy O'Neill in 131<sup>st</sup> also competing.

In the **Under 13 Girls** race Summer Smith added another Essex League win to her tally and she was supported by Skye Eastman, Alexandria Field and Siobhan Etemadi who all made their league debuts in the fourth placed team.

Freddie Rowe took his first steps towards defending his league title with victory in the **Under 15 Boys** race as Findlay McLaren was a fine third and Shea Sweeney (12<sup>th</sup>) and Liam Battrum (15<sup>th</sup>) completed the scoring four, who placed second. Aidan Doherty (27<sup>th</sup>) and Sean Mugagga (28<sup>th</sup>) completed the line up.

The **Under 17 Women** trio of sixth placed Hannah Evans; Rosie Warner (11<sup>th</sup>) and Charlotte Evans (14<sup>th</sup>) placed third and the **Under 15 Girls** and the **Under 13 Boys** teams both placed fourth. Jasmine Asmal's eight place led home the Under 15 girls with Poppy Vines 11<sup>th</sup>, Ruby Beasley 18<sup>th</sup> and Abi Rogers 27<sup>th</sup>, the scorers with Grace Tilson 29<sup>th</sup>. Joseph Sewell was first home for the Under 13 Boys in seventh with George Burgess and Callum Millard-Jennings 21<sup>st</sup> and 22<sup>nd</sup> and Max Sillett 31<sup>st</sup>. The **Under 17 Men** were led by Toby Johnson in 19<sup>th</sup> with Sean Langan 22<sup>nd</sup> and Joseph Gray was 36<sup>th</sup>.

Round Two is hosted by Basildon AC at Gloucester Park on 28<sup>th</sup> October.

*The senior team at One Tree Hill were without Club stalwart Rob Warner who again sealed his England Masters selection by coming home a very good third in the M40 trial race at Markeaton Park, Derby to earn his call up for in the home countries international in Glasgow on 11<sup>th</sup> November.*

## **Essex Cross Country League – Round 1– Results**

**Senior Men:** 1<sup>st</sup> James Connor M40 26:00; 11<sup>th</sup> James Stewart 27:37; 14<sup>th</sup> Kieran O'Hara 27:52; 15<sup>th</sup> Sam Atkins 28:04; 48<sup>th</sup> Ian Anthony M40 30:52; 51<sup>st</sup> Luke Chester 31:11; (**Team 2<sup>nd</sup> – 140 points**); 56<sup>th</sup> Will Kirk M45 31:25; 57<sup>th</sup> Rob Trevor M40 31:26; 63<sup>rd</sup> Louis Berrett 31:58; 71<sup>st</sup> Dan Meredith M50 32:24; 77<sup>th</sup> Alfie Waitaha M40 32:25; 84<sup>th</sup> Max Robbins U20 32:54; 85<sup>th</sup> Steve Rand M50 32:56; 91<sup>st</sup> Martin Chester M50 33:15; 101<sup>st</sup> John Whitehead 33:39; 114<sup>th</sup> Gary Atkins M55 34:11; 127<sup>th</sup> Tony Pecoraro 34:44; 136<sup>th</sup> Steve Walker M50 35:21; 139<sup>th</sup> Graham Hogan 35:24; 148<sup>th</sup> Matt Bland M55 36:00; 157<sup>th</sup> Michael O'Callaghan 36:41; 174<sup>th</sup> Paul Berrett M60 37:48; 188<sup>th</sup> Roy James M50 38:36; 225<sup>th</sup> Tony Collins M45 41:54. **Teams:** 1<sup>st</sup> Southend 88; 2<sup>nd</sup> Havering 140; 3<sup>rd</sup> Thurrock 155. **Veterans Teams (four to score):** 1<sup>st</sup> Orion 141; 2<sup>nd</sup> Havering 162; 3<sup>rd</sup> Southend 167.

**Senior Women:** 7<sup>th</sup> Morgan Campbell 26:26; 13<sup>th</sup> Ginte Bailey 27:02; 21<sup>st</sup> Robyn Matson 27:55; 33<sup>rd</sup> Clare Davies 29:12; (**Team 4<sup>th</sup> – 74 points**); 57<sup>th</sup> Stephanie Phillips 31:15; 87<sup>th</sup> Clare Rudgley W45 34:37; 131<sup>st</sup> Tracy O'Neill W55 41:08; 137<sup>th</sup> Haleema Asmal W45 43:30 **Div. 1 Teams:** 1<sup>st</sup> Chelmsford 44; 2<sup>nd</sup> Southend 56; 3<sup>rd</sup> Colchester H 67; 4<sup>th</sup> Havering 74

**Under 17 Men:** 19<sup>th</sup> Toby Johnson 23:38; 22<sup>nd</sup> Sean Langan 23:56; 36<sup>th</sup> Joseph Gray 27:40 (**Team 7<sup>th</sup> – 77 points**); **Teams:** 1<sup>st</sup> Chelmsford 8; 2<sup>nd</sup> Southend 25; 3<sup>rd</sup> Basildon 32; ...7<sup>th</sup> Havering 77

**Under 17 Women:** 6<sup>th</sup> Hannah Evans 26:32; 11<sup>th</sup> Rosie Warner 27:14; 14<sup>th</sup> Charlotte Evans 27:35 (**Team 3<sup>rd</sup> – 34 points**). **Teams:** 1<sup>st</sup> Southend 11; 2<sup>nd</sup> Colchester & Tendring 23; 3<sup>rd</sup> Havering 34.

**Under 15 Boys:** 1<sup>st</sup> Freddie Rowe 12:53; 3<sup>rd</sup> Findlay McLaren 13:36; 12<sup>th</sup> Shea Sweeney 14:49; 15<sup>th</sup> Liam Battrum 15:33; (**Team 2<sup>nd</sup> - 31 points**); 27<sup>th</sup> Aidan Doherty 16:36; 28<sup>th</sup> Sean Mugagga 16:37 **Teams:** 1<sup>st</sup> Chelmsford 29; 2<sup>nd</sup> Havering 31; 3<sup>rd</sup> Harlow 71

**Under 15 Girls:** 8<sup>th</sup> Jasmine Asmal 16:40; 11<sup>th</sup> Poppy Vines 16:49; 18<sup>th</sup> Ruby Beasley 18:31; 27<sup>th</sup> Abi Rogers 18:53; (**Team 4<sup>th</sup> – 64 points**) 29<sup>th</sup> Grace Tilson 20:15; **Teams:** 1<sup>st</sup> Brentwood Beagles 16; 2<sup>nd</sup> Southend 37; 3<sup>rd</sup> Basildon 57; 4<sup>th</sup> Havering 64;

**Under 13 Boys:** 7<sup>th</sup> Joseph Sewell 12:19; 21<sup>st</sup> George Burgess 13:19; 22<sup>nd</sup> Callum Millard-Jennings 13:25; 31<sup>st</sup> Max Sillett 14:57 (**Team 4<sup>th</sup> – 81 points**) **Teams:** 1<sup>st</sup> Basildon 38; 2<sup>nd</sup> Chelmsford 41; 3<sup>rd</sup> Colchester & T 67; 4<sup>th</sup> Havering 81

**Under 13 Girls:** 1<sup>st</sup> Summer Smith 12:13; 24<sup>th</sup> Skye Eastman 16:16; 28<sup>th</sup> Alexandria Field 16:36; 29<sup>th</sup> Siobhan Etemadi 19:00; (**Team 4<sup>th</sup> – 82 points**). **Teams:** 1<sup>st</sup> Chelmsford 14; 2<sup>nd</sup> Brentwood Beagle 45; 3<sup>rd</sup> Basildon 67; 4<sup>th</sup> Havering 82

***For action & team photos see Havering AC Facebook Group (members only)***