

## Essex Cross Country League – Round 2 – Hainault Forest Sat 8th November

With almost 20 club youngsters in action for the borough team at the London Youth Games, Round 2 of the Essex Cross Country League was always a likely to be less successful than round 1 but those who competed did their best for the club cause. The highlights came from the Under 17 men as Sam Horsley and Findlay McLaren were first and second and Lauren Reed who was senior runner up.

After their team victory in Round 1 the **Under 17 Man** had another successful day as Sam Horsley and Findlay McLaren made the early running with Brentwood's Jude Hearn before Sam pulled clear to record a 20 second victory ahead of Findlay. Sean Mugagga in 14<sup>th</sup> completed the scoring trio who again edged Chelmsford into second and Ethan Carroll in 20<sup>th</sup> and 22<sup>nd</sup> placed Liam Battrum also saw action.

The **Senior Women** repeated their runners up spot from round one. Lauren Reed returned to cross country action after her Frankfurt marathon run with a strong second place with Robyn Matson in 13<sup>th</sup> and Morgan Campbell one place back as Under 20 Rosie Warner competed the scoring four in 32<sup>nd</sup>. Stephanie Phillips was 74<sup>th</sup>, Rebecca O'Rourke and Amy Leech 87<sup>th</sup> and 88<sup>th</sup> with Jane Hallam in 119<sup>th</sup>.

There was another strong turn out from the **Senior Men** who had 17 competitors, again placing third in the team contest. Kieran O'Hara was again the first club finisher as he led home the Havering runners with his 10<sup>th</sup> place followed again by Chander Dhillon and Taylor Newell in 18<sup>th</sup> and 19<sup>th</sup> and 25<sup>th</sup> placed James Stewart with Rob Warner in 35<sup>th</sup> and Andrew Adebusoye in 39<sup>th</sup> competing the scoring six. Sam Atkins returned to action in 46<sup>th</sup> with Alfie Waithaka 63<sup>rd</sup> and Jake Harris 71<sup>st</sup> with Will Kirk, John Whitehead, Luke Chester and Rob Trevor between 80<sup>th</sup> and 89<sup>th</sup>. Harry Wyatt was 108<sup>th</sup> ahead of Tony Pecoraro in 129<sup>th</sup> with James Blogg 152<sup>nd</sup> and Paul Berrett 192<sup>nd</sup> the other finishers. The **veterans**' team of Rob Warner, Alfie Waithaka, Will Kirk and Rob Trevor were again runners up.

There was an excellent turnout of 13 athletes for the **Under 15 Boys** despite missing three athletes competing at the London Youth Games. Joe Sewell was first club athlete home, as Oliver Rushworth (18<sup>th</sup>) Jack Rossington and Callum Millard Jennings in 31<sup>st</sup> and 32<sup>nd</sup> were the other scorers as the team were fourth. Cruz Carvell was 34<sup>th</sup> and Thomas Swan 37<sup>th</sup> with Archie Bright, Aidan Fairfax, George Burgess and Jack Rowlandson in 40<sup>th</sup> to 43<sup>rd</sup> with Luke Brewington and Kieron Devshi 50<sup>th</sup> and 53<sup>rd</sup>.

The **Under 13 Boys**' team placed fourth with Harrison Sewell leading the way in 10<sup>th</sup> with Austin Broadhurst (28<sup>th</sup>) and James Campbell and Jack Rushworth 35<sup>th</sup> and 36<sup>th</sup>.

Despite missing four athletes at the London Youth Games there was an improved fourth place finish for **Under 13 Girls** with Lucy Tregidgo in 16<sup>th</sup> with Emilia Curley, Isla Herrera and Ina Johnson in close order between 23<sup>rd</sup> and 25<sup>th</sup> and Emily Parker 29<sup>th</sup>.

After an incomplete team last time out the **Under 15 Girls** had six this time led by Elena Williams in 26<sup>th</sup>, and Evie Green, Skye Eastman and Alex Field were the scorers between 37<sup>th</sup> and 40<sup>th</sup> and Olivia Wheeler and Isabella Parker 41<sup>st</sup> and 42<sup>nd</sup>. The team placed fifth.

Freddie Rowe won the **Under 17 Men's** race for the Havering Borough team at the London Youth Games at the challenging Parliament Hill course, ahead of English Schools 3000m champion Joseph Staines. Shea Sweeney was 29th and Aidan Doherty 55th.

Poppy Vines was a good eighth in the **Under 17 Girls**' race with Ruby Price 41<sup>st</sup> and Jasmine Asmal 42<sup>nd</sup> and Grace Tilson (58<sup>th</sup>) and Ruby Price (75<sup>th</sup>) also competed.

In the **Under 15 races** Jake Tregidgo was 36<sup>th</sup> for the boys with Henry Wakeling 64<sup>th</sup> and Stephen Hunt 86<sup>th</sup> while Millie Cook was 73<sup>rd</sup> in the girls' event.

There were seven club athletes in the **Under 13** races with Joseph Legg 53<sup>rd</sup>, James Fenn 77<sup>th</sup> and 107<sup>th</sup> placed Parker Swaisland 8:37 for the boys, and Violet Everett 36<sup>th</sup>, Ava McMillan 64<sup>th</sup>, Molly Jenkinson-Smith 75<sup>th</sup> and Esther Onvemike 161<sup>st</sup> for the girls' team.

## Essex Cross Country League – Round 2 – Results

Senior Men: 10th Kieran O'Hara 26:26; 18th Chander Dhillon 26:47; 19th Taylor Newell 26:58; 25th James Stewart 28:57; 35th Rob Warner M40 28:00; 39th Andrew Adebusoye 28:14 (**Team 3rd – 146 points**); 46th Sam Atkins 28:55; 63rd Alfie Waithaka M45 29:59; 71st Jake Harris 30:29; 80th Will Kirk M45 30:50; 83rd John Whitehead 31:20; 85th Luke Chester 27:59; 89th Rob Trevor 28:59; 108th Harry Wyatt U20 32:40; 129th Tony Pecoraro M60 34:00; 152nd James Blogg M45 35:32; 192nd Paul Berrett M60 38:26; 243rd Roy James M55 41:33; **Teams**: 1st Southend 81; 2nd Colchester H 117; 3rd Havering 146. **Veterans Teams** (four to score): 1st Orion 134; 2nd Havering 267; 3rd Springfield 292.

Senior Women: 2<sup>nd</sup> Lauren Reed W40 20:36; 13<sup>th</sup> Robyn Matson W35 22:59; 14<sup>th</sup> Morgan Campbell W35 23:06; 32<sup>nd</sup> Rosie Warner U20 25:17 (**Team 2<sup>nd</sup> – 61 points**); 74<sup>th</sup> Stephanie Phillips 27:58; 87<sup>th</sup> Rebecca O'Rourke 28:52; 88<sup>th</sup> Amy Leech W40 28:58; 119<sup>th</sup> Jane Hallam W55 32:18 **Div. 1 Teams**: 1<sup>st</sup> Chelmsford 47; 2<sup>nd</sup> Havering 61; 3<sup>rd</sup> Loughton 95.

**Under 17 Men:** 1st Sam Horsley 18:05; 2nd Findlay McLaren 18:28; 14th Sean Mugagga 20:55; (**Team 1st** --17 points); 20th Ethan Carroll 22:05; 22nd Liam Battrum 23:14 **Teams**: 1st Havering 17; 2nd Chelmsford 18; 3rd Southend 37

**Under 15 Boys:** 14<sup>th</sup> Joe Sewell 14:29; 18<sup>th</sup> Oliver Rushowrth 14:51; 31<sup>st</sup> Jack Rossington 15:37; 32<sup>nd</sup> Callum Millard Jennings 15:41 (**Team 4<sup>th</sup> - 95 points**) 34<sup>th</sup> Cruz Carvell 16:29; 37<sup>th</sup> Thomas Swan 16:39; 40<sup>th</sup> Archie Bright 16:52; 41<sup>st</sup> Aidan Fairfax 16:53; 42<sup>nd</sup> George Burgess 16:54; 43<sup>rd</sup> Jack Rowlandson 17:07; 46<sup>th</sup> Rhys Cullum 17:39; 50<sup>th</sup> Luke Brewington 18:37; 53<sup>rd</sup> Kieron Devshi 21:08 **Teams**: 1<sup>st</sup> SS Athletics 47; 2<sup>nd</sup> Colchester & T 66; 3<sup>rd</sup> Basildon 68; 4<sup>th</sup> Havering 95

**Under 15 Girls**: 26<sup>th</sup> Elena Williams 18:02; 37<sup>th</sup> Evie Green 20:33; 39<sup>th</sup> Skye Eastman 20:58; 40<sup>th</sup> Alex Field 21:04 (**Team 5**<sup>th</sup> – **142 points**) 41<sup>st</sup> Olivia Wheeler 21:12; 42<sup>nd</sup> Isabella Parker 22:00 **Teams**: 1<sup>st</sup> Brentwood Beagles 17; 2<sup>nd</sup> Basildon 34; 3<sup>rd</sup> SS Athletics 50; ...5<sup>th</sup> Havering 142.

**Under 13 Boys:** 10<sup>th</sup> Harrison Sewell 11:33; 28<sup>th</sup> Austin Broadhurst 12:27; 35<sup>th</sup> James Campbell 12:55; 36<sup>th</sup> Jack Rushworth 12:56; (**Team 4<sup>th</sup> – 109 points**) **Teams**: 1<sup>st</sup> SS Athletics 20; 2<sup>nd</sup> Colchester & T 45; 3<sup>rd</sup> Harlow 81; 4<sup>th</sup> Havering 109

**Under 13 Girls:** 16<sup>th</sup> Lucy Tregidgo 13:26; 23<sup>rd</sup> Emilia Curley 14:54; 24<sup>th</sup> Isla Herrera 15:07; 25<sup>th</sup> Ina Johnson 15:53; (**Team 4<sup>th</sup> – 88 points**). 29<sup>th</sup> Emily Parker 18:26 **Teams**: 1<sup>st</sup> SS Athletics 27; 2<sup>nd</sup> Thurrock 49; 3<sup>rd</sup> Colchester H 61; 4<sup>th</sup> Havering 88.

For athlete & team photos see Havering AC Facebook Group (members only)

For action photos see Essex Cross Country League Facebook Group <a href="https://www.facebook.com/groups/235239086671265">https://www.facebook.com/groups/235239086671265</a>

## London Youth Games – Parliament Hill – Havering AC Results

Under 17 Men: 1st Freddie Rowe 15:42; 29th Shea Sweeney 17:29; 55th Aidan Doherty 18:28

**Under 17 Women:** 8<sup>th</sup> Poppy Vines 12:17; 41<sup>st</sup> Ruby Beasley 13:43; 42<sup>nd</sup> Jasmine Asmal 13:44; 58<sup>th</sup> Grace Tilson 14:14: 78<sup>th</sup> Ruby Price 15:11

Under 15 Boys: 36th Jake Tregidgo 11:19; 64th Henry Wakeling 11:48; 86th Stephen Hunt 12:26

Under 15 Girls: 73rd Millie Cook 9:03

Under 13 Boys: 53rd Joseph Legg 8:08; 77th James Fenn 8:22; 107th Parker Swaisland 8:37

**Under 13 Girls:** 36<sup>th</sup> Violet Everett 8:46; 64<sup>th</sup> Ava McMillan 9:11; 75<sup>th</sup> Molly Jenkinson-Smith 9:16; 161<sup>st</sup> Esther Onyemike 10:10