

National Youth Development League – Southern Division 1B, Round 3

Mile End 18th July 2026

Posn	Team Name	U14B	U14G	U16B	U16G	Points
1	Havering AC	153	133	198	170	666
2	Herne Hill Harriers	100	104.5	102	84	430.5
3	Bexley AC	73	41.5	131	117	402
4	Victoria Park H & Tower Hamlets AC	71	25	109	149	350.5
5	Cambridge Harriers	51	65	141	22	311
6	Newham & Essex Beagles AC	37	58	49	53	197

Havering's Youth Development League squad extended their unbeaten run with a third successive win in their Southern Division 1 fixture at Mile End on Saturday, comfortably winning all four age categories.

The **Under 16 Boys** showed their overall strength in depth with 11 wins of their 16 wins coming in the B string events. Josh Buxton again won both the 100m sprint and the sprint hurdles and was high jump runner up and Ethan Johnson also had two A string wins in the discus and javelin, and placed second in the hammer. Jake Tregidgo and Jack Rossington won both 800m A and B strings. There were B string wins on the track for David Ojo Ekhaton (100m), Zaire Lewin Dawkins (200m PB), Joe Sewell (1500m), Rehan Syed (100m hurdles), and George Rogers (300m hurdles PB), and in the field events for Barney Sullivan (shot and javelin), Tobi Oluborode Oluseye (long jump), Nathan Hathaway (high jump), and Matthew Hamberger (discus). Second place points were earned by Zephaniah Smith (shot A and hammer B), Tobi Oluborode Oluseye (long jump A), and both the 4x100m and 4x300m relay quartets.

The **Under 14 Boys** notched up 13 victories, with Elijah Lowe again winning both sprints with Dre Overare winning both B sprint races. Gideon Lee won both the A long jump and javelin, and other victories went to the 80m hurdles duo of Teddy Madlin and George Olubukola-Sogbetun, high jumpers Adeleke Adenuga and Laurence Fearon, AJ Gray (discus A) and Euan Cheesewright (B long jump). The relay quartet of Dre, Laurence, Gideon and Elijah won the sprint relay. AJ Gray was second in the hammer and Samuel Kirk was B shot runner up.

Millie Cook won both the 300m (PB) and 800m for the **Under 16 Girls** team with her B string partners Scarlett Barclay (300m) and Evie Green (800m) won their strings, with Evie also second in both B hammer and javelin. Ava Sweeney won both B discus and javelin, while Brooke Lavey (sprint hurdles) and Amelie Shearing (300m hurdles) won full B string points. Esther Olajide was second in both the B 200m and high jump and Kia Hylton-Jones (discus) and Danielle Adeyinka (shot) were both second as was Mia Borisova (B long jump) and Holly Mason-Hughes in the B 1500m. Abigail, Esther, Scarlett and Millie completed the age group's 10 wins with victory in the 4x300m relay.

There were ten wins for the **Under 14 Girls**, with Isla Herrera winning the high jump and B hurdles, as Lucy Tregidgo won the A hurdles and was 800m runner up, with Esther Oyemike winning the 800m B. Violet Everett won the B 1500m as Darcy Davies won the 1500m A string. Olivia Rae Vaughan and Destiny Carbon won the B long jump and shot respectively, and they were both second in their 100m races. There were also wins for Sophia Karim (javelin) and Elsie Smith (B high jump) and runners up spots for Betsy Morrow (shot) and Autumn Ely (discus). Betsy, Ava, Destiny and Olivia combined to win the sprint relay.

The result of the fourth and final fixture at Eltham at the start of August will confirm whether Havering are one of the highest two scoring teams who will win promotion to the Southern Premier Division.

League: after three of four

Posn	Team Name	League	Matches
1	Havering AC	15	1869
2	Herne Hill Harriers	12	1438.5
3	Cambridge Harriers	10	1189.5
4	Bexley AC	9	1134
5	Victoria Park H & Tower Hamlets AC	8	1064
6	Newham & Essex Beagles AC	3	499