



Essex Championships Chelmsford 10th & 11th May 2025 Results

Day 1 - Saturday

SM: 400m: **2nd** Louis Berrett 52.74s; 800m: 7th Kieran O'Hara 1:59.42s; 8th Shane Hart 2:00.89s; DNF Sam Mahoney 3000m: 4th James Stewart 8:58.50s.

U20M: DT: **1st** Michael Tesi 34.91m; **3rd** James Brinton-Quinn 24.77m **PB**

U17M: 400m: Heats: Jayden Wilkinson 56.53s **PB**; Reggie Marshall 59.18s; Harrison Rabess 59.75s **PB**; 1500m: **1st** Freddie Rowe 3:53.73s **PB, CBP & Club Record**; HJ: 4th Bode Thompson 1.75m; DT: **1st** Harrison Rabess 39.75m **PB**; HT: **3rd** Sam Johnson 47.48m **PB**

U15B: 100: Semis: Zaire Lewin-Dawkins 12.46s **PB** (Heat: 12.59s); Tobi Oloyede 12.61s (Heat: 12.43s); Ayaan Islam 13.04s (Heat: 12.48s **PB**); Heat: Roy Mumbamarwo 12.84s **PB**; 300: 4th Nathan Hathaway 41.41s **PB**; 1500: 11th Reuben McDermott 5:04.03s **PB**; 13th Callum Millard Jennings 5:18.81s; Luke Brewington 5:35.13s **PB**; 80mH: 4th Derin Okubanjo 13.41s **PB**; 6th Nathan Hathaway 13.59s **PB**. TJ: **1st** Derin Okubanjo 9.89m **PB**;

U13B: 100m: William Hiles 13.30 **PB**; (Heat 13.43s)

Masters: 300m: **1st** Nina Brennan 46.60s.

Senior: 400m: 4th Nina Brennan 65.63s; 800m: **2nd** Ginte Bailey W35 2:25.37s. **3rd** Rebecca O'Rourke 2:38.59s **PB**; 100mH: **1st** Chloe Williams 14.13s **Club W35 record**

U20W: 100m: **1st** Alicia Fairmaner 12.69s; **2nd** Cassie Campbell 13.13s; 400m: **2nd** Lucy Chapelhow 61.52s; 800m: **3rd** Abigail Swan 2:32.90s; 100mH: **2nd** Maggie Smith 16.27s; LJ: **1st** Alicia Fairmaner 5.59m.

U17W: 1500m: **2nd** Poppy Vines 4:46.38s **PB**; 4th Orla Friel 4:59.75s; HT: **2nd** Lila Chapelhow 40.62m **PB & Club record**

U15G: 300m: **1st** Millie Cook 42.11s **PB** (Heat: 42.84s); 75mH: 7th Siobhan Etemadi 12.65s (Heat: 12.45s **PB**); HJ: 5th Poppy Dent-Jones 1.45m

U13G: 100m: Semi: Betsy Morrow 14.80s; (Heat: 14.72s **PB**); Heat: Elsie Smith 15.41s; 800m: 8th Lucy Tregidgo 2:50.28s; 70mH: Heats: Lucy Tregidgo 12.72s **PB**; Edie Smith 13.24s; Inari Rawle 14.80s **PB**; HJ: **3rd** Edie Smith 1.25s; SP: 4th Betsy Morrow 7.47m.

Saturday Medals (20): 9 gold; 7 silver; 5 bronze

Day 2 - Sunday

SM: 200: 5th Louis Berrett 23.70s **PB**; 1500: **1st** Taylor Newell 4:14.96s; 4th James Stewart 4:21.34s; 8th Rob Trevor M45 4:43.17s

U20M:

U17M: 800m: **2nd** Findlay McLaren 1:59.94s (Heat 2:01.76s); 6th Shea Sweeney 2:07.66s (Heat: 2:02.36s **PB**); 7th Aidan Doherty 2:10.13s (Heat: 2:01.58s **PB**); LJ: 4th Jayden Wilkinson 5.78w **wPB**; JT: **2nd** Sam Burdett 43.55;

U15B: 200: 8th Zaire Lewin-Dawkins 25.44s; (Heat: 25.23s **PB**); 800m: 13th Stephen Hunt 2:30.96s **PB**; 15th Cruz Carvell 2:39.33s; 16th Michael Lesser 2:39.72s; 17th Dominic Bacon 2:49.32s **PB**; DT: **2nd** Ethan Johnson 29.27m **PB**

U13B: JT: **3rd** Euan Cheesewright 26.28m

Masters:

SW: 1500: **1st** Ginte Bailey 4:51.26s **PB**; PV: **2nd** Claire Brennan W40 2.50m; DT: **2nd** Katie Ennis 35.12m;

U20W: 200m: **3rd** Cassie Campbell 26.21s **PB**; 6th Maggie Smith 28.26s; 400H: **3rd** Lucy Chapelhow 66.14s **PB**; HJ: **1st** Maggie Smith 1.55m;

U17W: 800m: **3rd** Emmie Lole 2:19.17s **PB**; 8th Jasmine Asmal 2:30.84s; 300H: **3rd** Amy Mansell 47.37s **PB**; PV: **2nd** Scarlett Woods 2.20m; DT: 5th Lila Chapelhow 27.11s **PB**; 8th Claire Coogan 19.43m;

U15G: JT: **1st** Ayla Baker 42.45m **PB, CBP & Club Record**;

U13G: 200: 6th Betsy Morrow 30.09s (Heat: 29.76s **PB**) JT: **2nd** Sophia Karim 24.80m **PB**; 5th Keira Attwood-Kelly 19.41m; LJ: 12th Elsie Smith 3.60m **PB**

Sunday Medals (16): 4 gold; 7 silver; and 5 bronze.

Total (37): 13 gold; 14 silver; and 10 bronze