



London Athletics Meet - Diamond League – pre-programme 20th July 2024

Four club relay teams had a brilliant time at the London Stadium on Saturday when they took part in the Club: Connect relays, which brought together the fastest teams in London, held as part of event programme held before the World Athletics Diamond League meeting.

The men's Under 17 quartet of Ryan Alexander, Emmanuel Asirifi-Otchere, Tobias Samuel and Maxwell Adeosun sliced almost a second off their previous best this year with their 43.37s clocking in placing fifth which took a tenth off the club record set in the equivalent the Club: Connect competition held at the same venue last year. And this did this without the services of Joel Ajayi, who was on GB Under 18 duty in Slovakia.

There was almost a second club record as the Under 17 women's team of Fisola Fagbadegun, Mya Thomas, Amy Mansell, and Alicia Fairmaner also ran faster than before this summer and one of the fastest ever times by a club U17 women's squad fourth with 48.98s.

The Under 15 Girls team of Kara Adegite, Bel Drake, Ome Nwapa and Tomi Ojelowo posted not only a season's best of 50.10s but also the fastest time by a club under 15 girls' squad since the club record set five years ago. The Under 15 boys' squad of Jayden Wilkinson, Reggie Marshall, Oba Samuel and Bobby Monk were close to their season's best with their 49.20s finish.

Kieran O'Hara again did well in the Ambulant 1500m for para athletes improving his season's best to 4m 03.75s





