



Essex Cross Country Relay Champs Hylands Park Sat 11th October 2025

Havering AC teams started the winter season well by winning two golds and three silver medals at the Essex Cross Country Relays held at Chelmsford's Hylands Park course on Saturday.

The **Under 17 Men** upgraded their silver last time out to gold this year. Sam Horsley gave the team a head start with his 9:28 opener and Findlay McLaren's 9:52 leg maintained the advantage and Freddy Rowe's blistering 9:17 anchor, the fastest of the day, brought the trio home almost a minute in front of the rest. The B team of Shea Sweeney, Sean Mugagga and Aidan Doherty were fourth and the incomplete C team of Ethan Carroll and Liam Battrum also saw action.

The **Masters 40** defended their title in style as Ian Anthony got the team off to a good start coming home in fifth place with his 22:39 leg, before James Connor, took over the baton and brought the team home into clear first place with his swift 20:13 leg and Rob Warner extended the lead on the final leg with his 21:34 leg to bring the team home over three minutes clear of their nearest rivals for gold. The M40 B team of Barry Smith, Graham Pritchard and James Blogg all showed a return to form and finished in ninth and were the first M40 B team.

The first of the three silver medals came in the junior girls' race thanks to the **Under 17 Women's** trio of Orla Friel (11:11), Jasmine Asmal (12:19) and Poppy Vines (11:35). The B team of Ruby Price, Ruby Beasley and Grace Tilson were fifth and the C team of Daisy Cossey-Atkins, and Olivia and Holly Bradbury placed 10th.

Two more medals were earned in the combined Women's and male masters' event. Solid legs from Ginte Bailey (24:43) and Robyn Matson (25:40) kept the team in the **Senior Women's** medal hunt before Kate O'Neill's brilliant anchor leg of 21:23, the fastest women's leg of the day, overhauled several teams ahead of her to bring the team home for silver. The U20 Women's trio of Hannah Evans, Rosie Warner and Charlotte were 10th in the senior event and the Senior B Team of Clare Davies, Clare Rudgley and team manager Jane Hallam came home in 20th. The final silver came from **M60** team of John Barker (24:14), Paul Berrett (27:59), Tony Pecoraro (25:10) who all ran well to finish in second place, under 40 seconds behind winners Colchester Harriers.

The **Senior Men's** A team again had to settle for a fourth place finish. They set off with a strong first leg from by Kieran O'Hara (19:50), handing over in third place and great runs from Chander Dhillon (20:33) and Taylor Newell (20:43) maintained third place. Last leg runner James Stewart (21:04) was unfortunate to be caught by in-form Southend runner Toby Jones with 600 m to go and had to settle for fourth. The B team of Nathan Hart (23:14), Andrew Adebusoye (21:11), Michael O'Callaghan (24:05) and Byron Cipa (23:42) all ran well to finish 19th and were the second B team while Jake Harris was the sole runner in the C team completing his leg in a time of 22:58. A single **M50** team of Steve Walker, Darren Priestley and Roy James finished 9th in their age category.

The **Under 15 Boys** A team of Oliver Rushworth, Jack Forman and Henry Wakeling were fifth, and an impressive three more teams took part with George Burgess, Stephen Hunt and Joe Sewell in 12th, Jack Rossington, Thomas Swan and Rhys Cullum 15th and Archie Bright, Luke Brewington and Aidan Fairfax in 20th

There was a sixth place finish for the **Under 13 Boys** A team of Harrison Sewell, Joseph Legg and James Fenn and the B and C teams of Alex Stokes, Jack Rushworth and James Campbell, and Toby Clarke, Albie Cossey-Atkins and Harry Jeeves in 12th and 13th.

Also in action were the seventh placed **Under 13 Girls** of Molly Jenkinson-Smith, Ava McMillan and Darcy Davies and the **Under 15 Girls** trio of Bethany Friel, Skye Eastman and Millie Cook in 13th.

RESULTS:

Senior Men: 4th A Team **82:10** (Kieran O'Hara 19:50, Chander Dhillon 20:33; Taylor Newell 20:43, James Stewart 21:04); 10th B Team 92:13 (Nathan Hart 23:14; Andrew Adebuseye 21:11, Michael O'Callaghan 24:05; Byron Cipa 23:42); C Team: Jake Harris 22:57

Men 40: 1st A Team **64:26** (Ian Anthony 22:39; James Connor 20:12; Rob Warner 21:33); 9th B Team 73:33 (Barry Smith 23:15; Graham Pritchard 23:27; James Blogg 23:55).

Men 50: 9th **83:42** (Steve Walker 26:41; Darren Priestley 28:12; Roy James 28:48)

Men 60: 2nd **77:23** (John Barker 24:14; Paul Berrett 27:58; Tony Pecoraro 25:10)

Under 17 Men: 1st A Team **28:37** (Sam Horsley 9:28; Findlay McLaren 9:52; Freddie Rowe 9:16); 4th B Team: 31:12 (Shea Sweeney 10:00; Sean Mugagga 10:55; Aidan Doherty 10:16); C Team (incomplete): Ethan Carroll 11:24; Liam Battrum 11:29.

Under 15 Boys: A Team: 5th **33:32** (Oliver Rushworth 10:39; Jack Forman 10:39, Henry Wakeling 11:13). B Team: 12th **34:33** (George Burgess 12:12; Stephen Hunt 11:12; Joe Sewell 11:08); C Team 15th **36:34**. (Jack Rossington 11:35; Thomas Swan 12:06; Rhys Cullum 12:52) D Team 20th 39:35 Archie Bright 12:46; Luke Brewington 12:55; Aidan Fairfax 13:52)

Under 13 Boys: A Team 6th **35:41** (Harrison Sewell 11:39; Joseph Legg 12:03; James Fenn 11:58); B Team 12th 37:51: (Alex Stokes 12:05; Jack Rushworth 12:29; James Campbell 13:16); C Team 13th 37:55 (Toby Clarke 12:59; Albie Cossey-Atkins 12:47; Harry Jeeves 12:08)

Senior Women: 2nd Senior A Team **71:46** (Ginte Bailey 24:43; Robyn Matson 25:40, Kate O'Neill 21:22) 10th U20W Team **85:15** (Hannah Evans 27:36; Rosie Warner 29:07; Charlotte Evans 28:32) 20th Senior B Team 97:26 (Clare Davies 26:58; Clare Rudgley 32:24 Jane Hallam 38:04)

Under 17 Women: A Team 2nd **35:05** (Orla Friel 11:11; Jasmine Asmal 12:19; Poppy Vines 11:34). B Team 5th 38:50 (Ruby Price 13:14; Ruby Beasley 12:17; Grace Tilson 13:17). C Team 10th 46:50 (Daisy Cossey-Atkins 14:09; Olivia Bradbury 15:00, Holly Bradbury 17:30)

Under 15 Girls: A Team: 13th **40:39** (Bethany Friel 13:27, Skye Eastman 14:34; Millie Cook 12:37)

Under 13 Girls: 7th **39:38** (Molly Jenkinson-Smith 13:36; Ava McMillan 13:28; Darcy Davies 12:33)





For more action & team photos see Havering AC Facebook Group (members only)