



## **English Schools Cross Country Championships Sefton Park Liverpool Saturday 14<sup>th</sup> March**

**Five club athletes represented the Essex Schools team at the English Schools Championships at the Sefton Park Liverpool course in sunny conditions on Saturday.**

With different age groups in operation at the schools event, compared to the clubs National the week the usual form before was no guide, as athletes who ran as the club Under 17 boys in the National last week competing in the senior boys' event against older opponents this time out. The club provided four of the Essex Schools' eight strong senior boys' squad with Freddie Rowe, fourth in the inter counties Under 17 race the previous week, leading home the Essex senior boys in 15<sup>th</sup>. Behind him Basildon's Danny Curran was 37<sup>th</sup> with Findlay McLaren having another good race in 41<sup>st</sup>, after his 15<sup>th</sup> at the Inter Counties while Sam Horsley was 53<sup>rd</sup> and Shea Sweeney also gained his Essex Schools vest in 198<sup>th</sup>, as the team placed seventh.

The other club representative was Orla Friel who earned a team podium placed in the second placed Inter girls' squad, although there was no silverware as the English Schools Association present certificates rather medals for team members. Orla was fifth home of the Essex scoring six in 63<sup>rd</sup>.

