



Southern U20/Senior Indoor Champs – Lee Valley Sat 31st & Sun 1st Feb 2026

It was the turn of the Under 20s and Senior athletes at the two-day South of England Indoor Championships for held at Lee Valley at the weekend winning two medals.

Stephanie Okoro dominated both her **Senior Women's** 400m heat and the final, winning Gold in a personal best time of 53.76s claiming second spot on the Club's all-time list.

Alicia Fairmaner's long jump of 5.45m, earned her silver in the **Under 20 Women's** event on Saturday, one place better than last year.

Ryan Alexander moved up to the **Under 20 Men's** age group and earned two PBs clocking 7.24s for 60m and 52.40s in 400m. There were PB's also for **Under 20 Women** Lucy Chapelhow in the 400m 61.00s (heat) and 60.68s (semi-final) while Amy Mansell ran 62.44s racing her first 400m in the same event.

Matthew Agnimel won his 200m heat in 22.70s to qualify for the senior men's semi-final, where he improved his time to 22.25s but narrowly missed out on a spot in the final. Also in senior action were Akeem Akintokun who clocked 24.43s in his 200m heat and Maddie Barker who clocked 2m 18.57secs in the 800m heat.

