



Essex Cross Country Championships – Basildon Sat 6th January 2024

There were seven medals, five team and two individual, as the Essex Cross Country Championships were held at the hilly, wet and muddy Gloucester Park, Basildon course on Saturday

Lauren Reed won her first county cross country title since 2012 to lead the **Senior Women** to team silver, finishing almost a minute clear of the opposition. Ginte Bailey and Morgan Campbell finished close together in ninth and tenth and Clare Davies in 24th completed the scoring four, with Clare Rudgley in 56th.

The **Senior Men** won bronze in a tight contest which saw only six points covering the medal winning teams as Southend took the title by just three points from Colchester Harriers, with Havering only three points further back. In form James Connor led the team home just outside the medals in fourth, with Ben Davis not far back in tenth. James Stewart in 17th and Sam Atkins in 19th both made the top 20 and Rob Warner finished 31st as Kieran O'Hara's 48th place completed the medal-winning team. Ian Anthony (72nd) and James Blogg (75th) both made the top 100 and Matt Bland (113th) and Gary Atkins (116th) both managed the very muddy course well. They were followed home by Graham Hogan (124th) and Tony Pecoraro (142nd) while Steve Walker 158th and Roy James in 182nd completed the 14 strong Havering squad.

Defending **Under 15 Boys** champion Freddie Rowe, still feeling the effect of a chesty cough, had to settle for silver as Harlow's George Watkins won gold. Shea Sweeney was tenth as Stevie Reynolds in 14th and 25th placed Liam Battrum were the scorers for the bronze medal winning team. Aidan Doherty in 30th and Ethan Carroll 34th also saw action.

The **Under 15 Girls** won silver as all four scorers packed well. Orla Friel was first home in eighth and Jasmine Asmal was 15th, one place ahead of Emmie Lole in 16th with Daisy Leech in 18th completing the scoring four. For the sixth placed B team Ruby Price was not far back in 20th, with Poppy Vines in 24th, Ruby Beasley (26th), and Scarlett Woods in 31st with Grace Tilson (39th) completing the ninth strong line up.

The **Under 13 Boys** team added a team bronze. Oliver West and Joe Sewell finished close together in seventh and eighth, as Callum Millard-Jennings in 20th and George Bangs in 23rd completed the scorers. Isaac Shearing finished 28th, with George Burgess (30th), Max Sillett (50th) and Hudson Palmer one place behind making up the 11th placed B team, as Ayden Taylor in 55th and 60th place William Millard were the other finishers.

There were seven finishers for the **Under 13 Girls**. Elena Williams (21st), Amelie Shearing (24th), Millie Cook (26th) and Skye Eastman (37th) were the scoring four who placed fifth, with Megan Latham, Jessica Latham and Siobhan Etemadi also finishing.

There were incomplete teams in the other Under 17 and Under 20 age groups.

The **Under 20 Men's** medal chances disappeared with late withdrawals which left the three who proudly competed one short of a scoring four. Matthew Blacklock in 7th and Charlie Burgess (9th) made the top 10 with Max Robbins 17th. The two **Under 20 Women** did well as Maddie Barker was fourth and medal Rebecca O'Rourke placed eighth.

The **Under 17 Men** were also one short of a scoring quartet as Jack West was 24th, Toby Johnson finished 30th with Joseph Gray 38th. Abigail Swan and Charlotte Evans were 16th and 17th for the **Under 17 Women** but Hannah Evans dropped out.

Essex Cross Country League – Round 4 Results

Senior Men: 4th James Connor M40 42:46; 10th Ben Davis 43:50; 17th James Stewart 44:43; 19th Sam Atkins 44:58; 31st Rob Warner M40 46:15; 48th Kieran O'Hara 48:07 (**Team 3rd – 129 points**); 72nd Ian Anthony M45 51:11; 75th James Blogg M40 51:22; 113th Matt Bland M55 55:51; 116th Gary Atkins M50 56:22; 124th Graham Hogan M45 56:53; 142nd Tony Pecoraro M60 59:14; (B **Team 14th – 642 points**); 158th Steve Walker M50 61:00; 182nd Roy James M50 63:57

Senior Women: 1st Lauren Reed 32:03; 9th Ginte Bailey 35:50; 10th Morgan Campbell 35:52; 24th Clare Davies 39:35 (**Team 2nd – 44 points**); 56th Clare Rudgley W45 46:30

Under 20 Men: 7th Matthew Blacklock 30:54; 9th Charlie Burgess 31:50; 17th Max Robbins 39:37

Under 20 Women: 4th Maddie Barker 30:54; 8th Rebecca O'Rourke 36:52

Under 17 Men: 24th Jack West 25:37; 30th Toby Johnson 27:03; 38th Joseph Gray 29:57.

Under 17 Women: 16th Abigail Swan 25:39; 17th Charlotte Evans 25:43 ; Hannah Evans DNF

Under 15 Boys: 2nd Freddie Rowe 15:37; 10th Shea Sweeney 17:05; 14th Stevie Reynolds 17:19; 25th Liam Battrum 18:42; (**Team 3rd - 51 points**); 30th Aidan Doherty 19:26; 34th Ethan Carroll 20:02.

Under 15 Girls: 8th Orla Friel 18:34; 15th Jasmine Asmal 20:10; 16th Emmie Lole 20:30; 18th Daisy Leech 20:44 (**Team 2nd – 57 points**) 20th Ruby Price 21:07; 24th Poppy Vines 21:50; 26th Ruby Beasley 22:12; 31st Scarlet Woods 22:36; (B **Team 6th – 101 points**) 39th Grace Tilson 24:37.

Under 13 Boys: 7th Oliver West 12:37; 8th Joe Sewell 12:39; 20th Callum Millard-Jennings 13:15; 23rd George Bangs 13:20 (**Team 3rd – 58 points**) 28th Isaac Shearing 13:35; 30th George Burgess 13:45; 48th Cruz Carvell 15:27; 50th Max Sillett 15:44; (B **Team 9th – 156 points**) 51st Hudson Palmer 15:47; 55th Ayden Taylor 16:23 60th William Millard 20:37 DNF Michael Lesser.

Under 13 Girls: 21st Elena Williams 14:59; 24th Amelie Shearing 15:17; 26th Millie Cook 15:27; 37th Skye Eastman 16:52; (**Team 5th – 108 points**) 41st Megan Latham 17:34; 42nd Jessica Latham 18:14; 46th Siobhan Etemadi 19:07







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