

National Youth Development League – Southern Premier, Round 4 Tonbridge 21st July 2024

Posn	Team Name	Points
1	Blackheath & Bromley	590.5
2	Tonbridge	515.5
3	Woodford Green	514.5
4	Reading	466.0
5	Winchester	456.0
6	Havering	364.5

The YDL Under 13/15 squad's difficult season in the Southern Premier Division concluded as the depleted squad brought up the rear at Tonbridge on Sunday to confirm that they will compete in Division 1 next summer. But there were two highlights as two club records fell.

Sam Johnson's impressive season for the **Under 15 Boys** continued when he added a metre to his previous best to break the Under 15 hammer record which had stood since 2008, and he also added over a metre to his shot best for victory. Harrison Rabess won the discus, his third win in the four match series and Reggie Marshall was second in the B string. Aidan Doherty won the B high jump, with Bode Thompson third in the A string, and Aidan third in the B hurdles, Jayden Wilkinson smashed his best 300m time for second in the B race, while Oba Samule was third in the B shot.

Lila Chapelhow improved the **Under 15 Girls'** club hammer record for the fifth time this season for victory and was also second in the discus and third in the B shot. Other top three finishes came from Ayla Baker who was runner up in both the A shot and B discus, Bel Drake and Ome Nwapa, both third in their high jump strings, and Cleo Drake third in the B long jump.

Reuben McDermott provided the **Under 13 Boys** with their only win with the longest javelin throw by a club Under 13 this year. Austin Broadhurst's big 800m PB placed him second in the B string and he was also third in the B long jump, as was Archie Bright in the B 1200m and the other three athletes in this age group, Nathan Hathway, Max Sillett and Samuel Kirk, worked hard to cover gaps.

Essex champion Siobhan Etemadi was the only winner for the **Under 13 Girls** taking the honours in the hurdles and Abigail Adegite was runner up in the B hurdles, and third in the high jump in a new PB. Millie Cook was runner up in the 800m A event and Zeni Williams placed third in the B string, while Brooke Lavey was third in the B javelin on her club debut.

National Champions Blackheath & Bromley overtook Woodford to again lift the Southern Premier title and both have qualified for the National Final, while Winchester's fifth place finish condemned them to drop into Division 1 with Havering, after just one season in the top flight.

League after 4 of 4

Posn	Team Name	Total Points	League Points
1	Blackheath & Bromley	2257.0	21
2	Woodford	2133.0	21
3	Tonbridge	1936.5	14
4	Reading	1923.0	13
5	Winchester	1854.0	10
6	Havering AC	1523.5	5