

Eastern Young Athletes' League, Hemel Hempstead Sun 16th July 2023

	Total	BU13	BU15	MU17	GU13	GU15	WU17
Dacorum	680	104	121	121	90	105	119
Havering AC	659	87	132	108	108	131	78
Ipswich	523	68	76	102	89	1005	73
Watford	346	58	19	49	67	44	94
Colchester & Tendring	274	24	49	39	44	39	64
Orion/Ilford	211	29	49	27	4	27	55

Under 17 Men

Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Joel Ajayi	11.6	1	Emmanuel Asirifi-Otchere	11.8	1
200m	Joel Ajayi	23.4	1	Emmanuel Asirifi-Otchere	23.4	1
400m	Daniel Lammas	53.4	1	Joseph Gray	57.5	3
800m	Adem Bouadjadja	2:10.6	5	Daniel Lesser	2:20.4	5
1500m	Nathan Hart	4:40.2	5			
100m H	-					
Pole Vault	Oliver Pullen	2.60	1	No B string		
High Jump	Jack Hignett	1.75	1	Daniel Lesser	1.45	2
Long Jump	Aly Hashem	4.82	4	Oliver Pullen	4.62	4
Triple Jump	Adem Bouadjadja	10.92	2	Emmanuel Asirifi-Otchere	9.78	2
Shot	Michael Tesi	10.23	2	Joel Ajayi	7.35	3
Discus	Michael Tesi	24.71	2	Daniel Lammas	21.29	3
Hammer	-			No B string		
Javelin	Bobby Williams	59.64	1	Michael Tesi	30.67	2
4x100m R	Jack, Daniel, Joel, Emmanuel				46.7	1

Under 15 Boys

100m	Tobias Samuel	12.1	1	Ryan Alexander	12.3	1
200m	Tobias Samuel	24.2	2	Maxwell Adeosun	26.4	3
300m	Findlay McLaren	38.6	3	Freddie Rowe	40.0	1
800m	Findlay McLaren	2:10.8	1	Shea Sweeney	2:15.7	1
1500m	Freddie Rowe	4:23.5	1	Sean Mugagga	5:20.8	3
80m H	Zak Williams	12.3	2	Bode Thompson	15.0	2
Pole Vault	Zak Williams	3.10	1	No B string		
High Jump	Findlay McLaren	1.70	1	Ryan Alexander	1.65	1
Long Jump	Tobias Samuel	5.98	1	Jayden Wilkinson	5.21	1
Shot	Freddie Hatcher	8.62	3	Harrison Rabess	8.57	2
Discus	Harrison Rabess	29.08	1	-		
Hammer	Freddie Hatcher	20.27	1	No B string		
Javelin	Zak Williams	43.70	1	Sam Burdett	36.81	1
4x100m R	Ryan, Adrian, Maxwell, Tobias				48.6	1

Under 13 Boys

100m	Nathan Bia	13.7	1	Michael Lesser	15.6	1
200m	George Rogers	29.9	3	Nathan Bia	28.6	1
800m	George Bangs	2:38.3	2	George Burgess	2:48.2	2
1500m	Joseph Sewell	5:05.1	2	-		
75m Hurdles	George Rogers	14.6	2	George Burgess	20.0	3
High Jump	Max Sillett	1.20	3	-		
Long Jump	Max Sillett	4.12	3	Michael Lesser	3.20	3
Shot	Spencer Hart	7.06	2	-		
Discus	Spencer Hart	14.89	2	George Burgess	14.51	1
Javelin	George Rogers	19.61	2	Michael Lesser	14.22	3
4x100m R	Michael, George R, Max, Nathan				59.0	2

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Under 17 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Precious Fagbadegun	13.6	1	Mya Thomas	13.3	1
200m	Cassie Campbell	26.9	2	Mya Thomas	27.4	1
300m	Amber Maher	55.3	6			
800m	Hannah Evans	2:35.4	3			
1500m	Charlotte Evans	5:13.9	3	Rosie Warner	5:27.0	2
80m H						
Pole V				No B string		
High J	Sophia Willson	1.50	2			
Long J	Sophia Willson	4.29	3	Amber Maher	3.29	4
Triple J	Charlotte Evans	8.21	6			
Shot	Poppy Smith	8.24	3	Sophia Willson	7.20	2
Discus	Isobel Pridie	12.29	5	Lucy Lendon	9.96	5
Hammer	Poppy Smith	14.82	3	No B string		
Javelin	Isobel Pridie	17.14	3			
4x100m	Mya, Cassie, Heidi Burt, Precious				52.9	1
Under 15 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Fisola Fagbadegun	13.2	1	Kara Adegite	13.4	1
200m	Fisola Fagbadegun	27.5	1	Kara Adegite	27.3	1
300m	Amy Mansell	44.4	2	Grace Tilson	49.2	4
800m	Daisy Leech	2:25.6	1	Abigail Rogers	2:36.7	1
1500m	Orla Friel	5:13.0	2	Jasmine Asmal	5:18.0	1
75m H	Isabelle James	13.3	3	Scarlett Woods	14.9	2
Pole V	Scarlett Woods	2.10	1	No B String		
High J	Daisy Leech	1.35	2	Jasmine Asmal	1.25	3
Long J	Daisy Leech	4.56	2	Tomilola Ojolowo	4.31	1
Shot	Eboni Roach	9.06	3	Amy Mansell	9.05	1
Discus	Eboni Roach	22.77	3	Isabelle James	16.14	3
Hammer	Eboni Roach	22.16	2	No B String		
Javelin	Scarlett Woods	27.38	1	Emily Quinlan	25.82	1
4x100m	Fisola, Christine, Amy, Kara				51.2	1
Under 13 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Cleo Drake	13.5	2	Ome Nwapa	13.9	2
200m	Ome Nwapa	28.5	2	Siobhan Etemadi	32.1	3
800m	Summer Smith	2:28.3	1	Zeni Williams	2:57.6	1
1500m	Elena Williams	5:46.6	2	Cleo Drake	5:52.7	2
70m H	Amelie Shearing	12.9	3	Siobhan Etemadi	14.3	2
High J	Amelie Shearing	1.30	2	Ome Nwapa	1.30	1
Long J	Cleopatra Drake	4.80	2	Sophia-Rae Ahmad	3.73	3
Shot	Ayla Baker	9.55	1	Dulce Smith-Rodriguez	8.41	1
Discus	Ayla Baker	21.36	1	Dulce Smith-Rodriguez	20.79	1
Javelin	Amelie Shearing	19.93	2	Alana Graves	17.54	1
4x100m	Sophia Rae, Cleo, Amelie, Ome				57.2	2

Eastern Young Athletes' League 2023 Non Scoring Athletes

Name	Age-group	Event 1	Event 2	Event 3
Aidan Doherty	U15B	LJ: 4.61	800: 2:25.7	HJ: 1.50
Jayden Wilkinson	U15B	JT: 24.12	300: 42.1	
Bode Thompson	U15B	100: 13.2	HJ: 1.50	
Harrison Rabess	U15B	LJ: 4.49		
Freddie Hatcher	U15B	DT: 19.90		
Liam Battrum	U15B	1500: 4:58.5		
Adrian Shalujo-Afolabi	U15B	100: 12.5		
Maxwell Adeosun	U15B	100: 12.4	300: 44.0	
Jack Hignett	U17M	100: 12.1		
Aly Hashem	U17M	100: 13.8	200: 28.4	
Daniel Lammas	U17M	200: 24.2		
Nathan Hart	U17M	400: 55.7		
Name	Age-group	Event 1	Event 2	Event 3
Ayla Baker	U13G	200: 31.9		
Dulce Smith-Rodriguez	U13G	100: 14.7		
Alana Graves	U13G	DT: 14.82	LJ: 2.81	
Zeni Williams	U13G	200: 32.4	DT: 13.22	
Niamh Salter	U13G	800: 3:34.8	SP: 4.73	JT: 15.13
Orlaith McLaren	U13G	800: 3:11.2	100: 17.8	SP: 5.76
Siobhan Etemadi	U13G	100: 15.5		
Sophia-Rae Ahmad	U13G	HJ: 1.05		
Elena Williams	U13G	200: 33.0		
Poppy Vines	U15G	800: 2:43.9		
Isobel Pridie	U15G	SP: 6.21	DT	
Tomilola Ojelowo	U15G	100: 14.1		
Orla Friel	U15G	LJ: 3.65		
Callie Ziepe	U15G	SP: 6.54	200: 31.7	
Christine Atumonyogo	U15G	100: 13.5		
Amie Parker	U15G	DT: 13.65		
Kara Adegite	U15G	JT: 8.65		
Daisy Cossey-Atkins	U15G	200:		
Lucy Lendon	U17W	100: 15.4		
Heidi Burt	U17W	100: 14.2	200: 30.4	LJ: 3.88
Poppy Smith	U17W	LJ: 3.39		
Cassie Campbell	U17W	100: 13.4		