

Under 13 Girls (as at 30th June 2025)

75 Metres

1		Natasha White	9.9	30 th June 2002
			(10.04)	1 st September 2002)
2		Fisola Fagbadegun	10.1	17 th July 2021
			(10.26)	4 th September 2021)
3		Cassie Campbell	10.17	20 th July 2019
4	=	Danielle Ross	10.2	11 th July 1999
4	=	Kara Adegite	10.2	30 th July 2022
			(10.28)	3 rd July 2022)
6	=	Tomi Akingbade	10.3	31 st May 2009
6	=	Bel Drake	10.3	21 st May 2022
			(10.39)	8 th May 2022
8		Paige Robinson	10.35	15 th July 2017
9		Charlene Bangne	10.37	29th June 2025
10	=	Paris King	10.40	19 th May 2018
10	=	Helen McDonnell	10.4	1 st July 2001
10	=	Modupe Shokunbi	10.4	8 th May 2011
			(10.59)	5 th June 2011)
10	=	Leila Jones	10.4	5 th June 2021

Wind Assisted Marks

Stephanie Okoro	10.16	19 th May 2018
Charlene Bangne	10.23	1st June 2025
Lucy Sargent	10.4	12 th May 2001

100 Metres

1	=	Alison Bickell	12.9	16 th June 1985
1	=	Claire Edwards	12.9	1 st August 1987
3	=	Tia Telford-Dickson	13.1	13 th September 2009
3	=	Paige Robinson	13.1	1 st July 2017
5		Modupe Shokunbi	13.2	24 th July 2011
6	=	Juliet Fairchild	13.3	11 th May 1986
6	=	Natasha White	13.3	18 th August 2002
8		Paris King	13.35	21 st August 2018
9		Fisola Fagbadegun	13.39	19 th September 2021
10	=	Kerry Lecomber	13.4	14 th May 1988
10	=	Stephanie Okoro	13.4	5 th August 2018
10	=	Charlene Bangne	13.4	15th June 2025

150 Metres

1		Natasha White	19.6	30 th June 2002
2		Helen McDonnell	20.0	20 th May 2001
3		Cassie Campbell	20.05	20 th July 2019
4	=	Stephanie Okoro	20.2	21 st July 2018
4	=	Fisola Fagbadegun	20.2	17 th July 2021
5		Paige Robinson	20.37	15 th July 2017
6	=	Bel Drake	20.4	21 st May 2022
			(20.44)	8 th May 2022)
6	=	Kara Adegite	20.4	30 th July 2022
			(20.78)	3 rd July 2022)
8		Millie Cook	20.44	19th May 2024
9	=	Bella Smith	20.5	21 st May 2016
9	=	Paris King	20.5	21 st July 2018

Wind Assisted Marks

Isobel McDonach	20.49	13 th July 2013
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200 Metres

1		Claire Edwards	27.0	5 th July 1987
2	=	Alison Bickell	27.1	26 th August 1985
2	=	Tia Telford-Dickson	27.1	16 th August 2009
4		Natasha White	27.3	18 th August 2002
5	=	Modupe Shokunbi	27.4	3 rd July 2011
5	=	Paige Robinson	27.4	2 nd July 2017
7	=	Jillian Reynolds	27.5	24 th April 1983

2024 updates in **blue**

2025 updates in **red**

7	=	Juliet Fairchild	27.5	17 th August 1986
9		Bel Drake	27.55	15 th May 2022
10		Nicola Schofield	27.7	25 th July 1999
600 Metres				
1		Eleanor Bounds	1:44.0	10 th June 2006
2		Megan Foley	1:44.2	10 th June 2000
3		Sara Luck	1:44.4	9 th May 1999
4		Rebecca Brown	1:44.83	8 th June 2013
5		Ingrid Deane	1:44.9	14 th June 2003
6		Stephanie Okoro	1:45.59	20 th August 2018
7		Rebecca O'Neill	1:46.1	10 th June 2006
8		Caroline Smith	1:46.2	12 th June 1999
9		Nikki Isaacs	1:46.8	12 th May 1996
10		Katie Richardson	1:48.5	9 th June 2001
800 Metres				
1		Stephanie Okoro	2:21.30	15 th July 2017
2		Carolyn Wells	2:22.3	17 th June 1976
3		Sara Luck	2:23.5	18 th July 1999
4		Megan Foley	2:23.7	2 nd September 2000
5		Leila Jones	2:24.3	4 th July 2021
			(2:26.57	30 th June 2021)
6		Eleanor Bounds	2:24.52	14 th May 2006
7		Rebecca Brown	2:24.84	26 th May 2013
8		Karen Rees	2:25.2	30 th August 1986
9		Caroline Smith	2:25.97	12 th September 1999
10		Karen Chalkley	2:26.0	22 nd September 1980
1200 Metres				
1		Megan Foley	3:49.1	2 nd July 2000
2		Summer Smith	3:50.22	22 nd July 2022
3		Sara Luck	3:53.1	11 th July 1999
4		Natalie Sewell	3:54.10	15 th July 2017
5		Stephanie Okoro	3:55.6	21 st July 2018
6		Rebecca Brown	3:56.43	6 th May 2013
7		Ruby Higgins	3:56.98	17 th June 2018
8		Caroline Smith	3:58.9	11 th July 1999
9		Ingrid Deane	3:59.32	5 th May 2003
10		Eleanor Bounds	3:59.86	1 st May 2006
1500 Metres				
1		Summer Smith	4:48.8	8 th July 2023
			(4:50.05	17 th September 2023)
2		Megan Foley	4:55.4	15 th July 2000
3		Eleanor Bounds	4:59.2	1 st July 2006
4		Sara Luck	5:00.7	3 rd May 1999
5		Karen Chalkley	5:01.2	27 th April 1980
6		Sheryl Fenn	5:01.9	1986
7		Stephanie Okoro	5:01.97	8 th July 2018
8		Ruby Higgins	5:02.1	16 th September 2018
9		Natalie Sewell	5:03.00	29 th July 2017
10		Katie Mitchell	5:03.6	29 th June 2013
			(5:07.28	8 th September 2013)
70 Metres Hurdles				
1		Ruby Mace	11.3	6 th July 2016
2	=	Claire Sargent	11.5	25 th May 1998
2	=	Paige Robinson	11.5	17 th September 2017
			(11.72	2 nd September 2017)
4	=	Isabella Purdie	11.60	13 th July 2013
4	=	Mayi Hughes	11.6	15 th September 2013
			(12.14	8 th September 2013)
6		Paris King	11.78	8 th July 2018
7		Millie Hodges	11.79	27 th July 2014
8		Siobhan Etemadi	11.83	26 th June 2024
9		Eliza Poulson	11.86	26 th August 2019

2024 updates in blue

2025 updates in red

10	Bethan Jarret	11.87	3 rd July 2019
Wind Assisted Marks			
	Isabella Purdie	11.54	8 th June 2013
	Mayi Hughes	11.60	26 th August 2013
	Siobhan Etemadi	11.72	19th May 2024
High Jump			
1	Helen McDonnell	1.53m	9 th June 2001
2	Bel Drake	1.51m	3 rd July 2022
3	Ruby Mace	1.48m	8 th May 2016
4	Nike Esho	1.46m	18 th September 2016
5	Sacha Martin	1.44m	5 th August 2007
6	= Tabatha Shields	1.43m	15 th September 1985
6	= Freya Higginbottom	1.43m	15 th August 2017
6	= Ome Nwapa	1.43m	6 th August 2023
9	= Sara Luck	1.41m	21 st August 1999
9	= Uche Okpalauko	1.41m	1 st July 2017
Long Jump			
1	Emma Bonny	4.92m	25 th June 2000
2	Freya Higginbottom	4.90m	3 rd September 2017
3	Stephanie Okoro	4.83m	16 th September 2018
4	Cleo Drake	4.80m	16 th July 2023
5	Jillian Reynolds	4.79m	3 rd July 1983
6	Alison Bickell	4.74m	14 th April 1985
7	Juliet Fairchild	4.69m	17 th August 1986
8	Isabella Purdie	4.65m	14 th April 2013
9	Chenice Constable	4.59m	1 st August 2010
10	Paris King	4.57m	16 th September 2018
Shot Putt 2.72kg			
1	Omolola Kuponiyi	10.62m	18 th September 2016
2	Zikora Ezeonwuka	10.33m	15 th September 2019
3	Rachel Forder	10.23m	26 th September 2009
4	Betsy Morrow	9.77m	20th July 2025
5	Caroline Smith	9.69m	12 th September 1999
6	Ayla Baker	9.55m	16 th July 2023
7	Ruby Mace	9.23m	18 th September 2016
8	Robyn Moody	9.15m	26 th July 2015
9	Dulce Smith-Rodrigues	9.05m	17 th September 2023
10	Georgie Taylor	8.94m	26 th September 2009
Note: Shot Putt 3.25kg			
	Omolola Kuponiyi	9.96m	18 th September 2016
	Kate Herring	8.49m	7 th September 1996
	Georgie Taylor	8.25m	26 th September 2009
Discus 0.75kg			
1	Alice Brown	32.80m	29 th August 2016
2	Georgie Taylor	32.31m	13 th September 2009
3	Katie Ennis	30.58m	16 th September 2018
4	Robyn Moody	29.76m	26 th July 2015
5	Hannah Yexley	28.65m	28 th August 2017
6	Lannahn Leary-Kiernan	28.52m	19 th July 2006
7	Mayi Hughes	28.44m	28 th July 2013
8	Rachel Forder	27.48m	26 th September 2009
9	Lynsey Clark	27.00m	30 th August 1999
10	Caroline Smith	26.92m	30 th August 1999
Note: Discus 1kg			
	Alice Brown	26.69m	18 th September 2016
	Deborah Knight	19.80m	7 th July 2007
	Sophie Baggs	19.73m	12 th June 2006

2024 updates in blue

2025 updates in red

Javelin 400g

1	Ruby Mace	28.74m	7 th August 2016
2	Adelaide Thatcher-Gray	28.53m	13 th September 2015
3	Zenobia Williams	27.46m	15th September 2024
4	Deborah Knight	26.31m	8 th September 2007
5	Faith Reilly	26.06m	5 th August 2018
6	Scarlett Woods	25.86m	4 th September 2021
7	Maddie Georgiou	25.64m	30 th July 2017
8	Jessica Page	25.54m	23 rd July 2022
9	Sophia Karim	24.80m	11th May 2025
10	Jessie Collier	24.59m	18 th September 2016

Javelin 500g

1	Jessica Page	24.23m	29 th June 2022
2	Keira Attwood-Kelly	22.10m	25th June 2025

Hammer 3kg

1	Katie Ennis	18.37m	12 th May 2018
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Other U13 Girls' Records

4 x 100 Metres Relay	52.67 Stephanie Okoro, Uche Okpalauko, Paris King, Paige Robinson		9 th July 2017
4x200 Metres Relay	2:02.8 Team Unknown		25 th August 1991
3x800 Metres Relay	7:34.8 Sara Luck, Caroline Smith, Megan Foley		15 th September 1999
4x800 Metres Relay	11:29.5 Jennifer Winch, Catherine Harris, Adele Hobden, Louise McArdle		11 th September 1991
60 metres	Paris King	8.6	21 st October 2017
	Cleo Drake	8.69 indoors	4 th March 2023
80 metres	Alison Bickell	10.7	19 th May 1985
60 Metres Hurdles	Isabella Purdie	10.3 Indoors	2 nd March 2013
75 Metres H (2' 6")	Isabella Purdie	12.3	17 th June 2013
1000m	Caroline Smith	3:13.1	30 th August 1999
Pentathlon (u15)	Nicola Hill	1950 points	28 th September 2003
75 Metres Hurdles		13.60	
Long Jump		4.15m	
Shot Putt		6.08m	
High Jump		1.22m	
800m		2:47.57	
Pentathlon (U13)	Abigail Adegite	1926 Points	22nd September 2024
Long Jump		3.77m	
70 Metres Hurdles		12.41	
Shot Putt		5.67m	
High Jump		1.32m	
800m		2:50.24	

2024 updates in **blue**2025 updates in **red**