



ERRA National Road Relays Sutton Park, Birmingham – 7th October 2023

The Havering AC Under 15 boys trio just missed out on a podium place at the National Road Relays held at Sutton Park, Birmingham on Saturday.

After disappointment at in the South of England champs at Aldershot two week ago after traffic delays on the M25 saw the medal contenders arrive after their race had started, the squad made no mistake this time out, setting off at 6.30am to ensure they arrived in good time for their 12 noon start.

Findlay McLaren got the trio underway and after steering clear of several fallers who hit the deck at the congested start area, went on to come home in 12:37 to hand over to Shea Sweeney in tenth place. Shea's leg of 13:21 kept up the charge in 11th place passing to anchor runner Freddie Rowe who ran his heart out with a 12:08 clocking to claw back seven places to finish in fourth, ten seconds short of the Trafford AC athlete who held on for bronze.

