



***England Athletics Age Group Championships, Birmingham
Friday 7th to Sunday 10th August 2025***

New member Joshua Buxton made an amazing breakthrough when he won national silver in a new club 80m hurdles record at the England Athletics Age Group Championships at Birmingham this weekend.

In only his third competition in a club vest after joining four weeks ago, the Rush Green 14-year-old improved his personal best in his heat on Saturday to a fast 11.29s running into a headwind and he returned later for the final where he came close to winning gold. His blistering start saw him leading at halfway but after hitting a hurdle badly and clipping others he recovered held on to win silver in a new PB and club record of 10.99s, taking two tenths off the club Under 15 Boys' 80m hurdles mark set six years ago.

Two other club athletes made finals. Club 1500m steeplechase record holder Poppy Vines ran well to place fifth in only her fourth race over the barriers in breezy conditions on Friday evening clocking her second fastest time of 5m 28.28s. UK ranked number 2 Ayla Baker has been nursing an elbow injury which has seen her unable to reproduce the form which saw her smash the club U15 and U17 javelin records and win her South of England gold and English Schools silver. Her throw of 37.17m at Birmingham placed her fifth in the U15 javelin.

Amy Mansell was just outside her PB with a time of 46.16s when finishing third in her U17 300m hurdles heat and eleventh overall while Maxwell Adeosun was third in his U17 200m heat with 22.76s to progress to the semifinals where he clocked 23.07s but missed out on a final place.

Also in action were club U17 hammer record holder Lila Chapelhow whose best throw of 33.05m saw her place 18th in her speciality while Essex Schools runner up Denzel Mwashia clocked 24.69s in his U15 200m heat.

