



Eastern Counties & Essex Pentathlon Championships Peterborough Sunday 22nd September 2024

There were two more combined events medals for club athletes at a rainy Peterborough on Sunday at the Eastern Counties & Essex Pentathlons.

Harrison Rabess set two PBs and was close to two others as he won the Essex & Eastern Under 15 Boys gold with 1995 points, with PBs in the 80m hurdles and 800m.

Abigail Adegite won Essex Bronze setting PBs in four of the five events to total 1926 points in the Under 13 girls' event, the best on record by a club U13.

Harrison: 80mH: 13.81s PB; SP: 10.34m; LJ: 4.97m; HJ: 1.44m; 800: 2m 37s PB.

Abigail: LJ: 3.77m PB; 70mH: 12.41s PB; SP: 5.67m PB; HJ: 1.32m; 800: 2:50.24s

