



### ***British Universities Cross Country Champs – Cardiff Sat 1<sup>st</sup> February 2025***

Five club athletes represented their universities at the British Universities (BUCS) Cross Country Championship at Cardiff's Blackweir Fields, Bute Park on Saturday.

In the women's short course race over 5.6k, Bath University student Maddie Barker was the first of the three club females to come home in 39<sup>th</sup> with a time of 20:26, while Natalie Sewell (Birmingham) was 60<sup>th</sup> in 21:01 and Hannah Yexley of Kent University placed 187<sup>th</sup> out of over 600 finishers, both in their first BUCS events.

In the men's short course over 8.2k, Mathew Blacklock of Bath University came 133<sup>rd</sup> out of over 750 finishers with his 27:19 run and Sam Mahoney (St Mary's) was 264<sup>th</sup> with a time of 29:14, both making their BUCS debuts.



### ***South East Schools Inter Counties – Newbury Sat 1<sup>st</sup> February 2025***

Four club youngsters were in action for the Essex Schools team at the South East Schools Inter Counties Event held at Newbury Showground on Saturday.

Three ran in the Senior Girls event with Charlotte Evans in 36<sup>th</sup> with 14:43 and twin Hannah in 42<sup>nd</sup> (14:52) and Abigail Swan 53<sup>rd</sup> with 15:28. Poppy Vines was 41<sup>st</sup> in the Inter girls' race with her 14:34 clocking.