

National Youth Development League – Lower Age Group Southern Premier, Round 3 Hornchurch 3rd July 2022

Posn	Team Name	Points
1	Blackheath & Bromley	612
2=	Havering	538
2=	Reading	538
4	Tonbridge	461
5	Crawley	381
6	Bracknell	204

The Under 13 and Under 15 squad had their best result for a while when finishing joint second to league leaders Blackheath and Bromley in a high-quality match in fine conditions at Hornchurch Stadium on Sunday.

The **Under 15 Boys** recorded some excellent results with four marks making the club all-time top 10 lists. Findlay McLaren led from gun to tape for 800m victory to improve his best by three seconds with the fourth best by a club U15. English Schools-bound Freddie Rowe moved up to fifth on the 1500m all-time list but was beaten by Tonbridge rival Oliver Head. Joel Ajayi's winning 200m run placed him sixth on the all-time rankings, and Zak Williams' pole vault performance was eighth best club all time. Kamel Adjei returned from injury to win the 100m and place second in the 200m, and Ryan Alexander's high jump PB won the B as Rashaun Mullings-Smith's new best clearance in the A placed him second, and he was also second in the hurdles. Adem Bouadjadja impressed on his debut placing second in the 800m B. There was a glut of top three placings in the field events as Dillon Humphrey was second in the B discus and third in the A hammer, James Mallon was third in the B shot & A discus, and Sam Burdett was second in the B javelin, as Zak Williams was third in the A, Taylor Dixon second in the B hammer and Luca Gregory third in the A shot. Findlay & Adem were joined by William Tilson and Shea Sweeney in the third placed 4x300m relay team.

The **Under 15 Girls** notched up eight wins. Sophia Willson improved her best for high jump victory as Oma Nwapa won the B and also won the B 75m hurdles. Eboni Roach and Maisie Lee took full points in the discus and Eboni was second in the hammer and third in the shot, as Maggie Smith won the B shot. Emily Quinlan won the javelin, and Grace Tilson was second in the B and also the B hammer. On the track Daisy Leech marked her Havering debut with second place and a PB in the B 800m and third in the long jump. Fisola Fagbadegun was runner up in the B 200m and third in the A 100m as was Mya Thomas in the 100m A, and Leila Jones was third in the 300m. Fisola and Mya combined with Christine Atumonyogo and Laine Forrester-Smith in the winning sprint relay foursome, and the 4x300m quartet of Leila, Emily, Daisy and Oma placed third in the 4x300m race.

The **Under 13 Boys'** team have improved as the season goes on. Jacob Tomlinson and Harrison Rabess scored full points in the shot, and Jacob improved his best for third in the 150m while Harrison was second in the javelin and third in the B long jump. Jayden Wilkinson won the B 150m and was third in both the long jump A and javelin B. Aidan Doherty was third in the 800m and Oliver West second in the B string, and Emmanuel Olubukola-Sogbetun was third in the B 75m.

The **Under 13 Girls'** team once again scored well. Bel Drake tried high jump for the first time in club colours and won with a 1.51m clearance to top the UK rankings and place second on the club all-time list. She was also third in the 75m as new member Kara Adegite won the B on her debut to go fifth club U13 all-time list, and Kara was second in the B 150m to join the club top 10 fastest. Emmie Lole took eight seconds off her best to place second in the 1200m as Jasmine Asmal won the B on her debut at the event. Jessica Page won the javelin, with Holly Copping third in the B, and Bella Taylor-Bush was runner up in the B high jump.

The league season concludes at Tonbridge on 30th July where Reading and Blackheath & Bromley will contest the Premier Division title. Havering look good for another season in the top Southern flight.

League after three of four fixtures

Posn	Team Name	League Points	Total Points
1	Blackheath & Bromley	17	1746.5
2	Reading	15.5	1641.0
3	Havering	11.5	1441.0
4	Tonbridge	11.0	1569.5
5	Crawley	6.0	1226.5
6	Bracknell	3.0	826.5

Results

Under 15 Boys						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Joel Ajayi	12.40	4	Kamel Adjei	11.93	1
200m	Joel Ajayi	23.63	1	Kamel Adjei	25.62	2
300m	Adem Bouadjadja	41.61	4	Findlay McLaren	41.88	4
800m	Findlay McLaren	2:03.70	1	Adem Bouadjadja	2:10.91	2
1500m	Freddie Rowe	4:17.36	2	William Tilson	5:03.35	4
80m H	Simeon Barker	13.22	4	Rashaun Mullings-Smith	13.72	2
Long Jump	Joel Ajayi	4.81	5	Luca Gregory	4.56	4
High Jump	Rashaun Mullings-Smith	1.71	2	Ryan Alexander	1.60	1
Pole Vault	Zak Williams	2.40	3			
Shot	Luca Gregory	8.91	3	James Mallon	7.75	3
Discus	James Mallon	26.92	3	Dillon Humphrey	22.48	2
Hammer	Dillon Humphrey	18.83	3	Taylor Dixon	17.33	2
Javelin	Zak Williams	40.39	3	Samuel Burdett	33.78	2
4x100m R	Samuel Burdett, Rashaun Mullings-Smith, Ryan Alexander, Kamel Adjei				50.65	4
4x300m R	Findlay McLaren, William Tillson, Shea Sweeney, Adem Bouadjadja				2:51.6	3

Under 13 Boys						
75m	Aidan Doherty	11.67	6	Emmanuel O-Sogbetun	10.55	3
150m	Jacob Tomlinson	19.99	3	Jayden Wilkinson	20.40	1
800m	Aidan Doherty	2:39.47	3	Oliver West	2:37.35	2
1200m	Ethan Carroll	4:18.61	6	Ethan Johnson	4:51.88	5
75mH	Isaac Shearing	16.04	6	Henry Langford	16.41	4
Long Jump	Jayden Wilkinson	4.33	3	Harrison Rabess	4.01	3
High Jump	Aidan Doherty	1.30	4	Isaac Shearing	1.20	4
Shot	Jacob Tomlinson	8.93	1	Harrison Rabess	8.57	1
Javelin	Harrison Rabess	23.48	2	Jayden Wilkinson	17.54	3
4x100m R	Harrison Rabess, Jayden Wilkinson, Jacob Tomlinson, Aidan Doherty				57.32	4

Non Scoring:

75m: U13B: George Rogers 11.06; Noah Leach 11.9; 100m: U15B Harrison Palmer 13.98

800m: U13B: Sean Mugagga 2:40.50, Spencer Hart 3:15.38; U15B Sean Langan 2:16.44; Shea Sweeney 2:17.75

Under 15 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Fisola Fagbadegun	13.05	3	Mya Thomas	13.30	3
200m	Mya Thomas	27.24	4	Fisola Fagbadegun	27.16	2
300m	Leila Jones	42.93	3	Oma Nwapa	45.99	5
800m	Maggie Smith	2:53.12	6	Daisy Leech	2:28.92	2
1500m	Grace Tilson	5:56.46	6	-		
75m H	Maggie Smith	12.49	4	Oma Nwapa	12.62	1
Long J	Amy Mansell	4.45	5	Daisy Leech	4.26	3
High J	Sophia Willson	1.51	1	Oma Nwapa	1.40	1
Pole V	-					
Shot	Eboni Roach	8.57	3	Maggie Smith	7.60	1
Discus	Eboni Roach	21.15	1	Maisie Lee	14.50	1
Hammer	Eboni Roach	18.69	2	Grace Tilson	8.11	2
Javelin	Emily Quinlan	23.53	1	Grace Tilson	10.89	2
4x100m	Fisola Fagbadegun, Mya Thomas, Christine Atumonyogo, Laine F-Smith				51.66	1
4x300m	Leila Jones, Emily Quinlan, Oma Nwapa, Daisy Leech				3:04.64	3

Under 13 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
75m	Bel Drake	10.41	3	Kara Adegite	10.28	1
150m	Emmie Lole	22.98	6	Kara Adegite	20.78	2
800m	Jessica Page	2:32.06	4	Poppy Vines	2:44.92	3
1200m	Emmie Lole	4:08.69	2	Jasmine Asmal	4:11.27	1
70mH	Florence Tillson	12.65	5	Scarlett Lecomber	14.31	5
Long J	Daisy Cossey-Atkins	3.49	5	Callie Ziepe	3.37	5
High J	Bel Drake	1.51	1	Isabella Taylor-Bush	1.30	2
Shot	Callie Ziepe	6.92	4	Jessica Page	5.46	4
Javelin	Jessica Page	24.74	1	Holly Copping	11.66	3
4x100m	Callie Ziepe, Jessica Page, Daisy Cossey-Atkins, Kara Adegite				57.75	4

Non-Scoring:

U13G 75m Callie Ziepe 11.73; Daisy Cossey-Atkins 11.80

U13G 800 Amelie Shearing 2:47.02; Isabella Taylor-Bush 2:54.65

U15G 100m Laine Forrester-Smith 13.52; Christine Atumonyogo 13.65

U15G 800m Ruby Price 2:47.53