



School Games National Final Loughborough Friday & Saturday 30th & 31st August 2024

Two club athletes took part in the final national event of the summer at the two-day School Games Finals, held at Loughborough at the weekend.

The competition brings together the leading eight Under 17 athletes in each event across the country who are allocated to teams who are named after Olympic host cities, with Paris this year added to the list of team names.

With field events taking place on Friday and track events on Saturday it was javelin thrower Zak Williams who was in action first for the club pair. His third-round throw of 51.57m, which was his second longest ever, was backed up with two other throws over 50m, placed him seventh for his Beijing team.

On Saturday Freddie Rowe lined up for only his fourth steeplechase race in the 1500m event against the leading Under 17 specialists and performed brilliantly for Team Rio to win silver in a new PB of 4m 20.10s, behind UK Number 1 Andrew Baird, the Scottish Champion. In the process he beat all three English Schools medallists plus the fourth-place finisher in that race. His time was the fourth fastest by a UK Under 17 this year and the second fastest ever by a club Under 17 Man.

The following day after his steeplechase medal Freddie Rowe ran a PB of 1m 55.47s for 800m in the BMC race at Gillingham – the fourth fastest ever by a club Under 17 man.

In a separate race at the same event Kieran O'Hara ran an 800m PB 1m 55.99s to break the English Native record for his T20 classification, and the second best ever by a British T20 athlete.

