

National Youth Development League – Southern Premier, Round 4 Tonbridge 22nd July 2023

Posn	Team Name	Points
1	Havering	487.0
2	Tonbridge	482.0
3	Blackheath & Bromley	476.0
4	Reading	421.0
5	Basildon	357.0
6	Team Dorset	326.0

Havering's young athletes team pulled off a great escape when their first victory in a Premier League match avoided what looked like an unavoidable relegation at a rain-affected Tonbridge on Saturday.

They started the match firmly in one of the two relegation spots, and needed to beat Team Dorset by three positions and over 140 points to escape the drop. They did even better as, able to field their full strength team for the first time this season, they pulled off a magnificent shock win over league champions Blackheath and hosts Tonbridge, as a weak Team Dorset squad finished last to themselves drop back into Division 1.

The **Under 15 Boys** squad were in outstanding form with eight wins and 11 second places. Findlay McLaren and Freddie Rowe won their 800m and 1500m events as expected, Simeon Barker won the B hurdles and was third in the B 300m, while Ryan Alexander and Bode Thompson took full points in the high jump. Both relay squads were victorious as Ryan, Charlie Keenan, Adrian Afolabi-Shalujo and Tobias Samuel won the sprint relay before Jayden Wilkinson joined Freddie, Simeon and Findlay in the winning 4x300m quartet. Jayden won the B long jump, Tobias was second in both sprints and third in the long jump, and Ryan second in the B 200m (PB). Zak Williams had three second places in the hurdles, vault and javelin and Freddie Hatcher second places in the B shot and discus, Sam Burdett was second in the B javelin and Harrison Rabess second in the A discus and third in the A shot. Shea Sweeney was second in the 800m B and Stevie Reynolds earned third place in the 1500m B.

The **Under 15 Girls** were back to strength. Jess Page led the way with a good win in the 800m before adding a javelin win with Scarlett Woods winning the javelin B and placing third in the vault. Kara Adegite won the B 100m race as Fisola Fagbadegun was third in the A string and Eboni Roach provided the other individual win in the B shot and was second in the discus. Daisy Leech was second in the 800m B race and third in the long jump, with Tomi Ojolowo second in the long jump B, and Amy Mansell was third in both the 300m and shot, throwing a big PB. Fisola, Tomi & Kara combined with Christine Atumonyogo in the winning sprint relay team.

There were **Under 13 Girls** had their best result of the season and registered six victories. Two came from Cleo Drake whose winning time in the 150m was the fourth fastest ever by a club u13, but the following wind was just above the allowable limit, and Cleo added long jump victory. Summer Smith's bold front-running attempt on the club 1200m record was foiled by the wet and windy conditions but she still clocked the second fastest ever by a club U13 and the third fastest in the UK this year for victory. Ayla Baker and Dulce Smith won both A & B shot strings and Amelie Shearing was joint winner of the high jump B event and third in the A javelin. Poppy Dent-Jones (hurdles), Sophia Rae-Ahmad (long jump) and Alana Graves (javelin) were all B string runners up in their events.

The improved **Under 13 Boys** squad also had their best result of this season. Ethan Johnson won the B shot and was third in the javelin, and Oliver West was second in the 800m and third in the A shot. There were second places for Schalk Steyn (B long jump) and George Bangs (1200m B) and third places for Joe Sewell (1200m A), Nathan Bia (75m A) and Alex Lole (B javelin).

National Champions Blackheath & Bromley retained their Southern Premier title and Tonbridge join them in the National final. Basildon and Team Dorset drop back into Division 1 after just one season and Havering retain their top flight status which they have held since 2016.

League after four of four fixtures

Posn	Team Name	League	Points	
1	Blackheath & Bromley	22	2264.0	To National final
2	Tonbridge	19	1945.0	To National final
3	Reading	14	1846.5	
4	Havering	13	1776.0	
5	Team Dorset	11	1750.0	Relegated
6	Basildon	5	1403.0	Relegated

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Under 15 Boys						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Tobias Samuel	11.77	2	Adrian Afolabi-Shalujo	12.70	5
200m	Tobias Samuel	23.92	2	Ryan Alexander	24.86	2
300m	Findlay McLaren	39.14	5	Simeon Barker	40.04	3
800m	Findlay McLaren	2:01.74	1	Shea Sweeney	2:16.05	2
1500m	Freddie Rowe	4:15.56	1	Stevie Reynolds	4:50.85	3
80m H	Zak Williams	12.52	2	Simeon Barker	12.45	1
Long Jump	Tobias Samuel	5.32	3	Jayden Wilkinson	4.87	1
High Jump	Ryan Alexander	1.65	1	Bode Thompson	1.55	1
Pole Vault	Zak Williams	3.00	2	-		
Shot	Harrison Rabess	8.26	3	Freddie Hatcher	8.08	2
Discus	Harrison Rabess	27.58	2	Freddie Hatcher	20.85	2
Hammer	Freddie Hatcher	18.10	4	-		
Javelin	Zak Williams	39.09	2	Sam Burdett	35.50	2
4x100m R	Ryan, Charlie Keenan, Adrian, Tobias				47.62	1
4x300m R	Jayden Wilkinson, Freddie Rowe, Simeon Barker, Findlay McLaren				2:42.90	1
Under 15 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Fisola Fagbadegun	13.16	3	Kara Adegite	13.0	1
200m	Kara Adegite	27.05	4	x		
300m	Amy Mansell	43.48	3	Grace Tilson	49.82	4
800m	Jess Page	2:23.41	1	Daisy Leech	2:29.93	2
1500m	Emmie Lole	5:11.47	4	Poppy Vines	5:40.16	5
75m H	Amy Mansell	12.78	4	Scarlett Woods	14.00	5
Long J	Daisy Leech	4.55	3	Tomi Ojelowo	4.22	2
High J	Daisy Leech	1.30	5	Abi Rogers	1.25	4
Pole V	Scarlett Woods	2.10	3	-		
Shot	Amy Mansell	9.71	3	Eboni Roach	9.05	1
Discus	Eboni Roach	18.72	2	Emmie Lole	13.82	4
Hammer	Eboni Roach	22.97	4	Grace Tilson	13.14	4
Javelin	Jess Page	27.72	1	Scarlett Woods	24.37	1
4x100m	Fisola, Tomi, Christine Atumonyogo, Kara				51.74	1
4x300m	Abi, Jess, Daisy, Amy				3:02.90	4

Non Scoring:

U15G: Christine Atumonyogo 13.35; Tomi Ojelowo 14.34; 800m: Abi Rogers 2:36.22

U15B: 100m: Charlie Keenan 12.74; 800m: U15B Aidan Doherty 2:29.02.

Under 13 Boys						
75m	Nathan Bia	10.46	3	Jesse Crawley	11.05	5
150m	Nathan Bia	20.61	5	Logan Hunt	21.30	5
800m	Oliver West	2:28.56	2	George Burgess	2:48.63	6
1200m	Joseph Sewell	4:02.77	3	George Bangs	4:07.54	2
75mH	Jesse Crawley	14.54	4	Isaac Shearing	15.30	4
Long Jump	Isaac Shearing	3.89	5	Schalk Steyn	3.31	2
High Jump	Schalk Steyn	1.25	6	Isaac Shearing	1.15	5
Shot	Oliver West	7.52	3	Ethan Johnson	7.37	1
Javelin	Ethan Johnson	24.12	3	Alex Lole	16.89	3
4x100m R	Logan, Jesse, Michael Lesser, Nathan				59.43	5

Under 13 Girls						
Event	'A' String	Result	Pos	'B' String	Result	Pos
75m	Poppy Dent-Jones	10.76	5	Ome Nwapa	11.04	4
150m	Cleo Drake	20.14w	1	Poppy Dent-Jones	21.23	4
800m	Zeni Williams	2:49.95	5	Ome Nwapa	3:02.52	5
1200m	Summer Smith	3:50.22	1	Orlaith McLaren	5:01.25	5
70mH	Amelie Shearing	12.92	6	Poppy Dent-Jones	13.26	2
Long J	Cleo Drake	4.47	1	Sophia-Rae Ahmad	3.63	2
High J	Ome Nwapa	1.30	4	Amelie Shearing	1.30	1=
Shot	Ayla Baker	9.24	1	Dulce Smith-Rodriguez	8.72	1
Javelin	Amelie Shearing	19.92	3	Alana Graves	15.21	2
4x100m	Talia, Poppy, Amelie, Ome				56.88	4

Non Scoring:

U13G: 75m; Sophia-Rae Ahmad 11.50; Talia Malcolm 11.67.

U13B: 75m: Michael Lesser 12.30; Logan Hunt 11.04; 800m: Yabets Mihre 2:45.85.