

Havering AC Male 2021 Rankings as at 01/10/2021

| Age Group | Event | Name | Performance | All Time | Date | Meeting | Venue |
|-----------|-------|--------------------|--------------|------------------|-----------|-----------------------------|------------|
| U13B | 75 | Luke Benjamin | 10.2 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 75 | Ryan Alexander | 10.5 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 75 | Ryan Alexander | 10.54w | | 5-Jun-21 | YDL LAG R1 | Mile End |
| U13B | 75 | Ryan Alexander | 11.07 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U13B | 75 | Shea Sweeney | 10.8 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 75 | Aidan Doherty | 10.87 | | 5-Jun-21 | YDL LAG R1 | Mile End |
| U13B | 75 | Zak Williams | 10.94 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U13B | 75 | Harrison Palmer | 11.0 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 75 | Taylor Dixon | 11.88 | | 5-Jun-21 | YDL LAG R1 | Mile End |
| U13B | 75 | James Campbell | 12.31 | | 5-Jun-21 | YDL LAG R1 | Mile End |
| SM | 100 | Richard Akinyebo | 10.42 | AT SM 1st | 24-Jul-21 | BFTTA Open | Dagenham |
| U17M | 100 | Ronnie Adoma | 10.89w | AT U17M w/a | 28-Aug-21 | NAL R4 | Lee Valley |
| U17M | 100 | Ronnie Adoma | 11.21 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | 100 | Denzel Achi | 10.99 | AT U17M 3rd | 14-Aug-21 | SAL R3 | Woodford |
| SM | 100 | Ayomide Akingbehin | 10.99w | | 7-Jul-21 | Lee Valley Sprints | Lee Valley |
| SM | 100 | Ayomide Akingbehin | 11.04 | | 26-Jun-21 | BFTTA Open | Dagenham |
| SM | 100 | Lewis Bailey | 11.11 | | 20-Jun-21 | SAL R1 | Hornchurch |
| SM | 100 | Shandell Taylor | 11.16w | | 6-Jun-21 | NAL Championship R1 | Chelmsford |
| U17M | 100 | Ayo Babatunde | 11.23 | | 21-Aug-21 | SEAA U13-U15-U17 Champs | Kingston |
| U17M | 100 | Ridwan Salaam | 11.25w | | 20-Jun-21 | SAL R1 | Hornchurch |
| U17M | 100 | Ridwan Salaam | 11.31 | | 12-Jun-21 | Essex Schools Championships | Chelmsford |
| U20M | 100 | Michael Okoro | 11.28w | | 28-Aug-21 | NAL R4 | Lee Valley |
| U20M | 100 | Michael Okoro | 11.52 | | 5-Sep-21 | DL UAG R3 | Basildon |
| SM | 100 | Karl Tucker | 11.38w | | 28-Aug-21 | NAL R4 | Lee Valley |
| SM | 100 | Karl Tucker | 11.66 | | 7-Aug-21 | NAL Championship R3 | Kingston |
| U20M | 100 | Aaron Eweka | 11.42 | | 5-Sep-21 | DL UAG R3 | Basildon |
| SM | 100 | Akeem Akintokun | 11.48 | | 21-Jul-21 | Chelmsford Track Night | Chelmsford |
| U20M | 100 | Toby Bishop | 11.5 | | 26-Jun-21 | ESAA East Anglian Comb Even | Corby |
| U20M | 100 | Toby Bishop | 11.63 | | 14-Aug-21 | SAL R3 | Woodford |
| U20M | 100 | Bradley James | 11.55 | | 6-Jun-21 | NAL Championship R1 | Chelmsford |
| U20M | 100 | Malcolm Oshunbohun | 11.56 | | 31-Jul-21 | Essex Championships | Chelmsford |
| U17M | 100 | Dominic Alexandru | 11.65 | | 12-Jun-21 | Essex Schools Championships | Chelmsford |
| U15M | 100 | Al-Ameen Salaam | 11.68 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U15M | 100 | Chris Agnimel | 11.75 | | 31-Jul-21 | Essex Championships | Chelmsford |
| U17M | 100 | Jack Botha | 11.90 | | 20-Jun-21 | SAL R1 | Hornchurch |
| U15M | 100 | Leon Bengo | 11.91 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | 100 | Reece Malcolm | 12.04 | | 31-Jul-21 | SAL R4 | Thurrock |
| U17M | 100 | Dikachi Godwin | 12.05 | | 30-May-21 | YDL UAG R1 | Woodford |
| U15M | 100 | Ike Okwudi | 12.06 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U15M | 100 | Daniel Lammas | 12.18 | | 16-Jun-21 | Chelmsford Track Night | Chelmsford |
| U17M | 100 | Calvin Sanni | 12.21 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | 100 | Lewis Dixon | 12.38 | | 30-May-21 | YDL UAG R1 | Woodford |
| U15M | 100 | Jude Ogundare | 12.63w | | 26-May-21 | Chelmsford Sprints Meeting | Chelmsford |
| U15M | 100 | Jude Ogundare | 12.75 | | 31-Jul-21 | Essex Championships | Chelmsford |
| U15M | 100 | Joel Ajayi | 12.76 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U15M | 100 | Jeffrey Fenoo | 12.8 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U15M | 100 | Jeffrey Fenoo | 12.85 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U15M | 100 | Noah Harriott | 13.06 | | 5-Jun-21 | YDL LAG R1 | Mile End |
| U15M | 100 | Joseph Gray | 13.06 | | 28-Jul-21 | Chelmsfor Open | Chelmsford |
| U17M | 100 | Thomas Bird | 13.08 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U13B | 100 | Luke Benjamin | 13.10 | | 26-Jun-21 | BFTTA Open | Dagenham |
| U15M | 100 | Vincent James | 13.1 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U17M | 100 | Sam Ellis | 13.12 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U15M | 100 | James Radden | 13.27 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U15M | 100 | Ronin Valydon | 13.39 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U15M | 100 | Teddy Matthews | 13.4 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U17M | 100 | Enrike Kukulskis | 13.69 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U13B | 100 | Ryan Alexander | 13.84 | | 24-Jul-21 | BFTTA Open | Dagenham |
| U13B | 100 | Aidan Doherty | 13.85 | | 26-Jun-21 | BFTTA Open | Dagenham |
| U15M | 100 | Michael Tesi | 14.06w | | 26-May-21 | Chelmsford Sprints Meeting | Chelmsford |
| U13B | 100 | Sam Burdett | 14.36w | | 7-Jul-21 | Lee Valey Sprints | Lee Valley |
| U13B | 100 | Sam Burdett | 14.84 | | 16-Jun-21 | Chelmsford Track Night | Chelmsford |
| U13B | 100 | Harrison Palmer | 14.58 | | 31-Jul-21 | Essex Championships | Chelmsford |
| U13B | 100 | Oliver Spence | 15.1 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U15M | 100 | Aly Hashem | 15.12 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U15M | 100 | Sammy Yusuf | 15.18w | | 24-Jul-21 | BFTTA Open | Dagenham |
| U15M | 100 | Sammy Yusuf | 15.26 | | 27-Jul-21 | Woodford Open | Woodford |
| U13B | 100 | Freddie Rowe | 15.2 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U13B | 100 | Taylor Dixon | 15.29 | | 26-May-21 | Chelmsford Sprints Meeting | Chelmsford |
| U13B | 100 | James Campbell | 15.54 | | 26-May-21 | Chelmsford Sprints Meeting | Chelmsford |

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| Age Group | Event | Name | Performance | All Time | Date | Meeting | Venue |
|-----------|-------|--------------------|-------------|-------------|-----------|----------------------------|-------------------|
| U13B | 100 | Samuel Theophilus | 15.9 | | 12-Sep-21 | EYAL R3 | Basildon |
| U13B | 100 | Billy Emery | 16.3 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U13B | 100 | Liam Battrum | 17.1 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U13B | 150 | Luke Benjamin | 19.8 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 150 | Shea Sweeney | 22.04 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U13B | 150 | Sam Burdett | 22.2 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 150 | Aidan Doherty | 22.48 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| SM | 200 | Richard Akinyebo | 21.59 | AT SM 5th | 20-Jun-21 | EA U20 & U23 Champs | Bedford |
| SM | 200 | Akeem Akintokun | 21.94w | AT SM w/a | 7-Aug-21 | Medway Open | Gillingham |
| SM | 200 | Akeem Akintokun | 22.42 | | 14-Aug-21 | SAL R3 | Woodford |
| SM | 200 | Tom Pitkin | 22.21 | | 16-Apr-21 | | Nashville TN, USA |
| U17M | 200 | Ronnie Adoma | 22.30w | AT U17M w/a | 28-Aug-21 | NAL R4 | Lee Valley |
| U17M | 200 | Ronnie Adoma | 22.63 | AT U17M 8th | 1-Aug-21 | Essex Championships | Chelmsford |
| SM | 200 | Matthew Agnimel | 22.43 | | 14-Aug-21 | SAL R3 | Woodford |
| U17M | 200 | Ayo Babatunde | 22.51 | AT U17M 6th | 8-Aug-21 | EA Championships | Manchester |
| SM | 200 | Ayomide Akingbehin | 22.56 | | 13-Jun-21 | Newham Sprints & Hurdles | Stratford |
| U17M | 200 | Jacob Blanc | 22.59w | AT U17M w/a | 1-Aug-21 | Essex Championships | Chelmsford |
| U17M | 200 | Jacob Blanc | 22.97 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U17M | 200 | Denzel Achi | 22.91 | | 20-Jun-21 | SAL R1 | Hornchurch |
| U20M | 200 | Reece Harriott | 23.12 | | 20-Jun-21 | SAL R1 | Hornchurch |
| U15M | 200 | Al-Ameen Salaam | 23.50w | AT U15M w/a | 11-Jul-21 | ESAA Champonships | Manchester |
| U15M | 200 | Al-Ameen Salaam | 23.72 | | 11-Jul-21 | ESAA Champonships | Manchester |
| SM | 200 | Karl Tucker | 23.54 | | 14-Aug-21 | SAL R3 | Woodford |
| U20M | 200 | Michael Okoro | 23.55 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| U17M | 200 | Ridwan Salaam | 23.56 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| U17M | 200 | Dan Peters | 24.25 | | 5-Sep-21 | YDL UAG R3 | Basildon |
| U20M | 200 | Aaron Freshwater | 24.42 | | 25-Aug-21 | Watford Open | Watford |
| U17M | 200 | Reece Malcolm | 24.45 | | 13-Jun-21 | LICC Open | Lee Valley |
| U20M | 200 | Daragh Thomas | 24.54 | | 13-Jun-21 | LICC Open | Lee Valley |
| U17M | 200 | Jack Botha | 24.58 | | 20-Jun-21 | SAL R1 | Hornchurch |
| U20M | 200 | Malcolm Oshunbohun | 24.76 | | 5-Sep-21 | DL UAG R3 | Basildon |
| U20M | 200 | Louis Berrett | 24.78w | | 28-Aug-21 | NAL R4 | Lee Valley |
| U20M | 200 | Louis Berrett | 25.30 | | 14-Aug-21 | SAL R3 | Woodford |
| U15M | 200 | Daniel Lammas | 24.82 | | 16-Jun-21 | Chelmsford Track Night | Chelmsford |
| U15M | 200 | Leon Bengo | 24.89 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | 200 | Dikachi Godwin | 25.04w | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| SM | 200 | Adam McCarthy | 25.44 | | 7-Aug-21 | NAL Championship R3 | Kingston |
| U17M | 200 | Calvin Sanni | 25.49 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | 200 | Lewis Dixon | 25.8 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U17M | 200 | Lewis Dixon | 25.89 | | 26-May-21 | Chelmsford Sprints Meeting | Chelmsford |
| U15M | 200 | Jude Ogundare | 25.81w | | 29-May-21 | BFTTA Open | Dagenham |
| U15M | 200 | Jude Ogundare | 25.90 | | 26-May-21 | Chelmsford Sprints Meeting | Chelmsford |
| U15M | 200 | Jeffrey Fenoo | 26.2 | | 12-Sep-21 | EYAL R3 | Basildon |
| U15M | 200 | Vincent James | 26.44 | | 1-Aug-21 | Essex Championships | Chelmsford |
| U13B | 200 | Luke Benjamin | 27.23 | | 26-Jun-21 | EYAL R2 | Chelmsford |
| U15M | 200 | Noah Harriott | 27.8 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U15M | 200 | Joel Ajayi | 28.0 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U17M | 200 | Joshwa Oberius | 28.03 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U13B | 200 | Aidan Doherty | 28.63 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | 200 | Shea Sweeney | 28.87 | | 26-May-21 | Chelmsford Sprints Meeting | Chelmsford |
| U13B | 200 | William Tilson | 29.13 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U15M | 200 | Benjamin Suddaby | 29.83 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | 200 | Ryan Alexander | 30.2 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U13B | 200 | Oliver Sillett | 30.6 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U15M | 200 | Luca Gregory | 30.7 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U13B | 200 | Sam Burdett | 31.26w | | 7-Jul-21 | Lee Valley Sprints | Lee Valley |
| U13B | 200 | Sam Burdett | 31.86 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | 200 | Freddie Hatcher | 31.37 | | 26-Jun-21 | BFTTA Open | Dagenham |
| U13B | 200 | Jacob Hibell | 31.7 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U13B | 200 | Taylor Dixon | 31.87 | | 11-Aug-21 | Woodford Open | Woodford |
| U13B | 200 | Sammy Yusuf | 32.62 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U15M | 200 | Ali Hashem | 32.73 | | 19-Sep-21 | HAC Champs & open | Hornchurch |

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|-----------|-------|-----------------------|-------------|---------------|-----------|-----------------------------|-----------------|
| U15M | 300 | Daniel Lammas | 37.8 | AT U15M 2nd | 12-Sep-21 | EYAL R3 | Basildon |
| U15M | 300 | Daniel Lammas | 38.86 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U15M | 300 | Al-Ameen Salaam | 38.60 | | 5-Jun-21 | YDL LAG R1 | Mile End |
| U15M | 300 | Ike Okwudi | 38.9 | AT U15M ?10th | 17-Jul-21 | YDL LAG R2 | Dartford |
| U15M | 300 | Ike Okwudi | 39.14 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U15M | 300 | Nathan Hart | 40.3 | | 12-Sep-21 | EYAL R3 | Basildon |
| U15M | 300 | Teddy Matthews | 40.31 | | 12-Jun-21 | Essex Schools Championships | Chelmsford |
| U15M | 300 | Noah Harriott | 42.41 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U15M | 300 | Michael Tesi | 43.40 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U15M | 300 | Sebastian Alexandru | 44.08 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U15M | 300 | Waeel Kabuye | 48.41 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| SM | 400 | Tom Pitkin | 47.61 | | 26-Mar-21 | Raleigh Relays | Raleigh NC, USA |
| SM | 400 | Matthew Agnimel | 49.55 | AT SM 17th | 13-Aug-21 | B&B Open | Bromley |
| SM | 400 | Akeem Akintokun | 49.61 | | 7-Aug-21 | Medway Open | Gillingham |
| U20M | 400 | Reece Harriott | 50.13 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| U17M | 400 | Jacob Blanc | 50.98 | AT U17M 9th | 20-Jun-21 | SAL R1 | Hornchurch |
| U17M | 400 | Dan Peters | 52.0 | | 12-Sep-21 | EYAL R3 | Basildon |
| U17M | 400 | Dan Peters | 52.33 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | 400 | Ronnie Adoma | 52.3 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U17M | 400 | Ronnie Adoma | 52.81 | | 31-Jul-21 | Essex Championships | Chelmsford |
| U20M | 400 | Bradley James | 52.42 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | 400 | Ayo Babatunde | 52.67 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U20M | 400 | Somto Okpalauko | 53.02 | | 12-Jun-21 | LICC Open | Lee Valley |
| U20M | 400 | Toby Bishop | 53.70 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| SM | 400 | Adam McCarthy | 53.75 | | 20-Jun-21 | SAL R1 | Hornchurch |
| SM | 400 | Alex McCree | 54.36 | | 11-Jul-21 | SAL R2 | Woodford |
| U17M | 400 | Patrick McLean-Tattan | 54.49 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| U20M | 400 | Michael Okoro | 54.43 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | 400 | Shane Hart | 54.95 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U20M | 400 | Daragh Thomas | 55.30 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | 400 | Brendan Burgess | 55.52 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | 400 | Sam Mahoney | 56.4 | | 12-Sep-21 | EYAL R3 | Basildon |
| U17M | 400 | Archie Winney | 56.69 | | 5-Sep-21 | YDL UAG R3 | Basildon |
| U17M | 400 | Charlie Howell | 57.87 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | 400 | Lewis Dixon | 59.0 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U17M | 400 | Calvin Sanni | 59.53 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U13B | 400 | Aidan Doherty | 67.02 | | 26-Jun-21 | BFTTA Open | Dagenham |
| U17M | 800 | Dan Peters | 1:56.57 | AT U17M 5th | 14-Aug-21 | BMC Grand Prix | Eltham |
| U20M | 800 | Reece Harriott | 1:58.38 | | 6-Jun-21 | NAL Championship R1 | Chelmsford |
| SM | 800 | Ben Davis | 1:58.64 | | 28-Aug-21 | NAL Championship R4 | Lee Valley |
| SM | 800 | Kieran O'Hara | 1:59.20 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U17M | 800 | Sam Mahoney | 2:01.96 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U20M | 800 | Alex Ford | 2:02.64 | | 15-Jun-21 | Woodford Open | Woodford |
| U20M | 800 | Louis Berrett | 2:03.22 | | 28-Aug-21 | NAL Championship R4 | Lee Valley |
| U17M | 800 | Matthew Blacklock | 2:03.23 | | 22-May-21 | London MD & Hurdles Open | Bromley |
| U17M | 800 | Shane Hart | 2:03.38 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U20M | 800 | Luke Chester | 2:04.68 | | 20-Jun-21 | SAL R1 | Hornchurch |
| U15M | 800 | Daniel Lammas | 2:05.61 | AT U15B 7th | 8-Sep-21 | Watford Open | Watford |
| U17M | 800 | Owen Fisher | 2:06.65 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| SM | 800 | Paul Kavanagh | 2:08.99 | | 11-Sep-21 | SAL R4 | Thurrock |
| U15M | 800 | Oliver Taylor-Bush | 2:09.61 | | 8-Sep-21 | Watford Open | Watford |
| U15M | 800 | Oscar Shearing | 2:10.92 | | 25-Apr-21 | BFTTA Open | Dagenham |
| SM | 800 | James Stewart | 2:11.15 | | 15-Jun-21 | Woodford Open | Woodford |
| U15M | 800 | Nathan Hart | 2:12.68 | | 31-Jul-21 | Essex Championships | Chelmsford |
| U17M | 800 | Finley Wolton | 2:14.46 | | 5-Sep-21 | YDL UAG R3 | Basildon |
| U17M | 800 | Charlie Howell | 2:14.5 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U13B | 800 | Findlay McLaren | 2:14.89 | AT U13B 2nd | 29-May-21 | BFTTA Open | Dagenham |
| SM45 | 800 | Steve Rand | 2:15.06 | AT M45 3rd | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U15M | 800 | Al-Ameen Salaam | 2:15.1 | | 26-Jun-21 | ESAA East Anglian Comb Even | Corby |
| U17M | 800 | Max Robbins | 2:16.81 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U15M | 800 | Joseph Gray | 2:20.49 | | 24-Jul-21 | BFTTA Open | Dagenham |
| U15M | 800 | Lochlan Dyer | 2:21.5 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U15M | 800 | Lochlan Dyer | 2:24.44 | | 31-Jul-21 | Essex Championships | Chelmsford |
| U15M | 800 | Jack West | 2:21.65 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U15M | 800 | Michael Tesi | 2:22.06 | | 26-Jun-21 | BFTTA Open | Dagenham |
| U15M | 800 | Toby Johnson | 2:23.07 | | 24-Jul-21 | BFTTA Open | Dagenham |
| U15M | 800 | Ike Okwudi | 2:23.28 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U13B | 800 | Freddie Rowe | 2:24.24 | | 30-Aug-21 | BFTTA Open | Dagenham |
| U13B | 800 | Shea Sweeney | 2:25.92 | | 30-Aug-21 | BFTTA Open | Dagenham |
| U15M | 800 | Sean Langan | 2:26.2 | | 15-Aug-21 | EYAL R2 | Chelmsford |

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|-----------|----------|--------------------|-------------|-------------|-----------|------------------------------|------------|
| U13B | 800 | Luke Benjamin | 2:26.42 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U15M | 800 | Alfie Geeves | 2:27.28 | | 15-Jun-21 | Woodford Open | Woodford |
| U13B | 800 | William Tilson | 2:31.68 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | 800 | Oliver Sillett | 2:36.5 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U13B | 800 | Aidan Doherty | 2:39.97 | | 30-Aug-21 | BFTTA Open | Dagenham |
| U13B | 800 | Liam Batttrum | 2:40.75 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | 800 | Sam Burdett | 2:40.94 | | 26-Jun-21 | BFTTA Open | Dagenham |
| U13B | 800 | Taylor Dixon | 2:41.2 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 800 | Taylor Dixon | 2:53.25 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U15M | 800 | Daniel Lesser | 2:41.24 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | 800 | Sonnie Wright | 2:46.8 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U13B | 800 | Ethan Carroll | 2:50.4 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 1200 | Findlay McLaren | 3:52.4 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 1200 | Findlay McLaren | 3:58.78 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U13B | 1200 | Freddie Rowe | 3:54.4 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 1200 | Shea Sweeney | 4:00.29 | | 5-Jun-21 | YDL LAG R1 | Mile End |
| U13B | 1200 | Sam Burdett | 4:21.27 | | 5-Jun-21 | YDL LAG R1 | Mile End |
| U13B | 1200 | Ethan Carroll | 4:33.93 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| SM | 1500 | Ben Davis | 4:01.00 | | 14-Aug-21 | SAL R3 | Woodford |
| SM | 1500 | Grant Twist | 4:04.67 | | 28-Aug-21 | NAL Championship R4 | Lee Valley |
| U20M | 1500 | Alex Ford | 4:08.30 | | 3-Jul-21 | NAL Championship R2 | Kingston |
| SM | 1500 | James Stewart | 4:10.21 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| SM | 1500 | Kieran O'Hara | 4:11.11 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | 1500 | Matthew Blacklock | 4:13.65 | | 20-Jun-21 | SAL R1 | Hornchurch |
| U20M | 1500 | Ben Naish | 4:16.04 | | 14-Aug-21 | SAL R3 | Woodford |
| U17M | 1500 | Shane Hart | 4:22.41 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| SM | 1500 | Sam Atkins | 4:23.15 | | 11-Sep-21 | SAL R4 | Thurrock |
| U20M | 1500 | Luke Chester | 4:24.16 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| U17M | 1500 | Sam Mahoney | 4:25.14 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U20M | 1500 | Louis Berrett | 4:25.95 | | 7-Aug-21 | NAL Championship R3 | Kingston |
| SM | 1500 | John Whitehead | 4:31.56 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U15M | 1500 | Oliver Taylor-Bush | 4:32.51 | | 22-May-21 | Woodford Open & Invite | Woodford |
| U17M | 1500 | Jacob Blanc | 4:35.77 | | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U13B | 1500 | Findlay McLaren | 4:38.62 | AT U13B 3rd | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U15M | 1500 | Daniel Lammas | 4:38.84 | | 4-Aug-21 | BMC Regional | Eltham |
| U17M | 1500 | Owen Fisher | 4:39.03 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| U15M | 1500 | Nathan Hart | 4:41.11 | | 12-Jun-21 | Essex Schools Championships | Chelmsford |
| U15M | 1500 | Ryan Carroll | 4:43.01 | | 12-Jun-21 | Essex Schools Championships | Chelmsford |
| U17M | 1500 | Max Robbins | 4:45.73 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| U17M | 1500 | Finley Wolton | 4:46.2 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U17M | 1500 | Finley Wolton | 4:53.04 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| U13B | 1500 | Freddie Rowe | 4:47.6 | | 12-Sep-21 | EYAL R3 | Basildon |
| U13B | 1500 | Freddie Rowe | 4:54.71 | | 26-Jun-21 | BFTTA Open | Dagenham |
| U17M | 1500 | Charlie Burgess | 4:49.8 | | 4-Jul-21 | EYAL R1 | Thurrock |
| SM | 1500 | Richard Morris | 4:49.94 | | 11-Apr-21 | B&B Open | Bromley |
| U15M | 1500 | Jack West | 4:52.8 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U15M | 1500 | Jack West | 4:56.00 | | 31-Jul-21 | Essex Championships | Chelmsford |
| U20M | 1500 | Bradley James | 4:55.08 | | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U15M | 1500 | Michael Tesi | 5:00.3 | | 12-Sep-21 | EYAL R3 | Basildon |
| U17M | 1500 | Calvin Sanni | 5:02.0 | | 12-Sep-21 | EYAL R3 | Basildon |
| U17M | 1500 | Charlie Howell | 5:02.00 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U15M | 1500 | Toby Johnson | 5:03.4 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U15M | 1500 | Toby Johnson | 5:05.40 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U13B | 1500 | Shea Sweeney | 5:04.05 | | 26-Jun-21 | BFTTA Open | Dagenham |
| U15M | 1500 | Michael Tesi | 5:04.20 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U17M | 1500 | Brendan Burgess | 5:05.00 | | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U15M | 1500 | Joseph Gray | 5:05.4 | | 12-Sep-21 | EYAL R3 | Basildon |
| U15M | 1500 | Joseph Gray | 5:08.39 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | 1500 | Ayo Babatunde | 5:11.0 | | 27-Jun-21 | ESAA East Anglian Comb Event | Corby |
| U17M | 1500 | Ayo Babatunde | 5:24.76 | | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U15M | 1500 | Lochlan Dyer | 5:13.7 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U13B | 1500 | Liam Batttrum | 5:18.0 | | 12-Sep-21 | EYAL R3 | Basildon |
| U13B | 1500 | Ethan Carroll | 5:35.2 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U13B | 1500 | Ethan Carroll | 5:37.63 | | 26-Jun-21 | BFTTA Open | Dagenham |
| U13B | 1500 | Jude Hearn | 5:38.18 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U20M | 1500 | Toby Bishop | 5:43.58 | | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U13B | 1500 | Oliver Spence | 5:44.1 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U13B | One Mile | Freddie Rowe | 5:17.14 | | 6-Aug-21 | Mile of Miles | Chelmsford |

Havering AC Male 2021 Rankings as at 01/10/2021

| Age Group | Event | Name | Performance | All Time | Date | Meeting | Venue |
|-----------|--------------|-------------------|-------------|--------------|-----------|-----------------------------|----------------|
| SM | 3000 | Ben Davis | 8:39.12 | | 22-May-21 | BMC Regional | Milton Keynes |
| U20M | 3000 | Alex Ford | 9:05.18 | | 11-Jul-21 | SAL R2 | Woodford |
| SM | 3000 | James Stewart | 9:12.84 | | 11-Sep-21 | SAL R4 | Thurrock |
| U17M | 3000 | Matthew Blacklock | 9:30.40 | | 1-Aug-21 | Essex Championships | Chelmsford |
| SM | 3000 | Sam Atkins | 9:50.71 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| SM | 3000 | Rob Trevor | 9:54.39 | | 11-Jul-21 | SAL R2 | Woodford |
| SM | 3000 | Richard Morris | 10:04.80 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U20M | 3000 | Luke Chester | 10:28.23 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| SM50 | 3000 | Gary Atkins | 10:30.77 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| SM40 | 3000 | John Hart | 12:21.02 | | 11-Jul-21 | SAL R2 | Woodford |
| SM35 | 5000 | James Connor | 15:07.90 | | 3-Jul-21 | NAL Championship R2 | Kingston |
| SM | 5000 | Ben Davis | 15:25.3 | | 7-Jul-21 | Essex 5000m Champs | Chelmsford |
| SM40 | 5000 | Rob Warner | 15:50.99 | AT M40 2nd | 14-Aug-21 | SAL R3 | Woodford |
| SM | 5000 | James Stewart | 15:51.19 | | 28-Aug-21 | NAL Championship R4 | Lee Valley |
| SM | 5000 | John Whitehead | 17:08.1 | | 7-Jul-21 | Essex 5000m Champs | Chelmsford |
| SM | 5000 | John Whitehead | 17:18.08 | | 20-Jun-21 | SAL R1 | Hornchurch |
| SM50 | 5000 | Matt Bland | 17:51.37 | | 14-Aug-21 | SAL R3 | Woodford |
| SM40 | 5000 | Jon Hart | 22:20.72 | | 20-Jun-21 | SAL R1 | Hornchurch |
| SM | 110H | Karl Tucker | 16.05w | | 28-Aug-21 | NAL Championship R4 | Lee Valley |
| SM | 110H | Karl Tucker | 16.46 | | 6-Jun-21 | NAL Championship R1 | Chelmsford |
| U20M | 110HU20M | Bradley James | 15.1 | AT U20M 7th | 27-Jun-21 | ESAA East Anglian Comb Even | Corby |
| U20M | 110HU20M | Bradley James | 15.25 | | 31-Jul-21 | Essex Championships | Chelmsford |
| U20M | 110HU20M | Toby Bishop | 15.19 | AT U20M 9th | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U20M | 110HU20M | James With | 16.00 | | 21-Jul-21 | Chelmsford Track Night | Chelmsford |
| U17M | 100HU17M | Jacob Blanc | 12.91 | AT U17M 1st | 10-Jul-21 | ESAA Champonships | Manchester |
| U17M | 100HU17M | Ayo Babatunde | 14.6 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U17M | 100HU17M | Ayo Babatunde | 15.22 | | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | 100HU17M | Brendan Burgess | 14.99 | | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U15M | 80HU15M | Al-Ameen Salaam | 11.50 | AT U15M 7th | 8-Aug-21 | EA Championships | Manchester |
| U13B | 75HU13B | Harrison Palmer | 13.2 | AT U13B 10th | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 75HU13B | Harrison Palmer | 13.31 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | 75HU13B | Oliver Sillett | 13.9 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 75HU13B | Findlay McLaren | 15.0 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U13B | 75HU13B | Ryan Alexander | 15.41w | | 30-Jun-21 | Essex Schools Year 7 Champs | Chelmsford |
| U13B | 75HU13B | Ryan Alexander | 16.23 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U13B | 75HU13B | Zak Williams | 15.6 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U13B | 75HU13B | Taylor Dixon | 15.6 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U17M | 300HU17M | Jacob Blanc | 38.48 | AT U17M 1st | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| SM | 400H | Tom Pitkin | 51.07 | AT SM 1st | 1-May-21 | Illinois Invitational | Normal IL, USA |
| SM | 400H | Adam McCarthy | 57.27 | | 1-Aug-21 | Essex Championships | Chelmsford |
| U20M | 400H | Toby Bishop | 58.8 | | 5-Sep-21 | YDL UAG R3 | Basildon |
| U20M | 400H | Toby Bishop | 59.83 | | 6-Jun-21 | NAL Championship R1 | Chelmsford |
| SM45 | 400H | Steve Rand | 72.42 | | 14-Aug-21 | SAL R3 | Woodford |
| U17M | 400HU17M | Jacob Blanc | 54.79 | AT U17M 1st | 31-May-21 | Lee Valley Hurdles | Lee Valley |
| U20M | 2KSC | Alex Ford | 6:23.7 | | 20-Jun-21 | SAL R1 | Hornchurch |
| SM40 | 2KSC | Rob Warner | 6:25.33 | AT M40 1st | 1-Aug-21 | Essex Championships | Chelmsford |
| U20M | 2KSC | Ben Naish | 7:03.89 | | 30-May-21 | YDL UAG R1 | Woodford |
| U20M | 2KSC | Louis Berrett | 7:12.50 | | 1-Aug-21 | Essex Championships | Chelmsford |
| SM45 | 2KSC | Martin Chester | 8:16.15 | | 14-Aug-21 | SAL R3 | Woodford |
| SM40 | 3KSC | Rob Warner | 10:00.5 | AT M40 1st | 3-Jul-21 | NAL Championship R2 | Kingston |
| SM45 | 3KSC | Jason Lendon | 10:39.49 | AT M45 1st | 6-Jun-21 | NAL Championship R1 | Chelmsford |
| SM40 | 3KSC (no WJ) | Rob Warner | 9:51.87 | | 11-Jul-21 | SAL R2 | Woodford |

Havering AC Male 2021 Rankings as at 01/10/2021

| Age Group | Event | Name | Performance | All Time | Date | Meeting | Venue |
|-----------|-------|-----------------------|-------------|---------------|-----------|------------------------------|------------|
| U20M | HJ | Aaron Eweka | 1.90 | AT U20M =10th | 31-Jul-21 | Essex Championships | Chelmsford |
| SM | HJ | Shandell Taylor | 1.80 | | 20-Jun-21 | SAL R1 | Hornchurch |
| U17M | HJ | Jacob Blanc | 1.80 | | 12-Sep-21 | EYAL R3 | Basildon |
| U17M | HJ | Ayo Babatunde | 1.77 | | 26-Jun-21 | ESAA East Anglian Comb Event | Corby |
| U20M | HJ | Daragh Thomas | 1.75 | | 5-Sep-21 | YDL UAG R3 | Basildon |
| U20M | HJ | Toby Bishop | 1.74 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U20M | HJ | Bradley James | 1.74 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U15M | HJ | Leon Bengo | 1.70 | | 5-Jun-21 | YDL LAG R1 | Mile End |
| U15M | HJ | Al-Ameen Salaam | 1.70 | | 12-Sep-21 | EYAL R3 | Basildon |
| U20M | HJ | Aaron Freshwater | 1.65 | | 11-Jul-21 | SAL R2 | Woodford |
| U15M | HJ | Oliver Taylor-Bush | 1.62 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U17M | HJ | Ridwan Salaam | 1.60 | | 11-Jul-21 | SAL R2 | Woodford |
| SM | HJ | Adam McCarthy | 1.60 | | 7-Aug-21 | NAL Championship R3 | Kingston |
| U17M | HJ | Brendan Burgess | 1.56 | | 27-Jun-21 | ESAA East Anglian Comb Event | Corby |
| U15M | HJ | Daniel Lammas | 1.55 | | 5-Jun-21 | YDL LAG R1 | Mile End |
| U20M | HJ | Daragh Thomas | 1.50 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| U17M | HJ | Denzel Achi | 1.50 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U15M | HJ | Jude Ogundare | 1.50 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| SM45 | HJ | Arron Bonning | 1.45 | | 14-Jul-21 | SAL R3 | Woodford |
| U13B | HJ | Findlay McLaren | 1.40 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U15M | HJ | Daniel Lesser | 1.35 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | HJ | Ryan Alexander | 1.30 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | HJ | Harrison Palmer | 1.20 | | 4-Jul-21 | EYAL R1 | Thurrock |
| SM | LJ | Shandell Taylor | 6.93 | | 20-Jun-21 | SAL R1 | Hornchurch |
| U17M | LJ | Denzel Achi | 6.71 | AT U17M 6th | 12-Jun-21 | Essex Schools Championships | Chelmsford |
| U20M | LJ | Bradley James | 6.60 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | LJ | Jacob Blanc | 6.59 | AT U17M 8th | 26-Jun-21 | ESAA East Anglian Comb Event | Corby |
| U17M | LJ | Dikachi Godwin | 6.41 | | 12-Jun-21 | Essex Schools Championships | Chelmsford |
| U20M | LJ | Toby Bishop | 6.26 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U20M | LJ | Aaron Eweka | 6.25 | | 5-Sep-21 | YDL UAG R3 | Basildon |
| U17M | LJ | Patrick McLean-Tattan | 6.11 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U20M | LJ | Ashton Thatcher-Gray | 6.01w | | 30-May-21 | YDL UAG R1 | Woodford |
| U20M | LJ | Ashton Thatcher-Gray | 5.51 | | 30-May-21 | YDL UAG R1 | Woodford |
| U17M | LJ | Ayo Babatunde | 5.82 | | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | LJ | Ridwan Salaam | 5.80 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U17M | LJ | Reece Malcolm | 5.77 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U15M | LJ | Al-Ameen Salaam | 5.63 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U15M | LJ | Jeffrey Fenoo | 5.60 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U17M | LJ | Brendan Burgess | 5.59 | | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | LJ | Lewis Dixon | 5.51 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| SM50 | LJ | Mark Bishop | 5.17 | AT M50 1st | 14-Aug-21 | SAL R3 | Woodford |
| U15M | LJ | Daniel Lammas | 5.13 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U15M | LJ | James Radden | 4.61 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U15M | LJ | Joseph Gray | 4.56 | | 28-Jul-21 | Chelmsford Track Night | Chelmsford |
| U15M | LJ | Leon Bengo | 4.50 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U13B | LJ | Zak Williams | 4.40 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U13B | LJ | Freddie Rowe | 3.96 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U13B | LJ | Freddie Hatcher | 3.82 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | LJ | Ryan Alexander | 3.79 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | LJ | Sonnie Wright | 3.41 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U15M | LJ | Thomas Hardy | 3.40 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | LJ | Sammy Yusuf | 3.22 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | LJ | Billy Emery | 3.18 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U13B | LJ | Samuel Theophilus | 2.85 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U17M | TJ | Chris Brown | 13.42 | | 12-Jun-21 | Essex Schools Championships | Chelmsford |
| SM | TJ | Matthew Agnimel | 12.72 | | 14-Aug-21 | SAL R3 | Woodford |
| U20M | TJ | Aaron Freshwater | 11.77 | | 11-Sep-21 | SAL R4 | Thurrock |
| SM | TJ | Adam McCarthy | 11.29 | | 7-Aug-21 | NALR3 | Kingston |
| SM45 | TJ | Arron Bonning | 10.59 | | 11-Jul-21 | SAL R2 | Woodford |
| U20M | TJ | Kimathi Christie | 10.42 | | 20-Jun-21 | SAL R1 | Hornchurch |
| U15M | TJ | Lochlan Dyer | 8.95 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U20M | PV | Toby Bishop | 3.10 | | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| SM45 | PV | Arron Bonning | 3.00 | AT M45 3rd | 11-Sep-21 | SAL R4 | Thurrock |
| SM70 | PV | Stuart Tufton | 2.80 | AT M70 1st | 11-Jul-21 | SAL R2 | Woodford |
| U17M | PV | Matthew Page | 2.60 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U20M | PV | Bradley James | 2.40 | | 30-May-21 | YDL UAG R1 | Woodford |
| U15M | PV | Lochlan Dyer | 2.40 | AT U15B =8th | 4-Sep-21 | YDL LAG R3 | Woodford |
| U15M | PV | Joseph Gray | 1.90 | | 15-Aug-21 | EYAL R2 | Chelmsford |

Havering AC Male 2021 Rankings as at 01/10/2021

| Age Group | Event | Name | Performance | All Time | Date | Meeting | Venue |
|-----------|----------|-----------------------|-------------|--------------|-----------|-----------------------------|------------|
| SM | SP7.26K | Duane Jibunoh | 12.14 | | 28-Aug-21 | NAL Championship R4 | Lee Valley |
| SM50 | SP7.26K | Mark Bishop | 9.90 | AT M50 3rd | 14-Aug-21 | SAL R3 | Woodford |
| SM45 | SP7.26K | Arron Bonning | 8.84 | | 11-Sep-21 | SAL R4 | Thurrock |
| U20M | SP6KU17M | Toby Bishop | 11.01 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U20M | SP6KU17M | Bradley James | 8.82 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | SP5KU17M | Ayo Babatunde | 13.32 | AT U17M =6th | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | SP5KU17M | Brendan Burgess | 12.94 | AT U17M 10th | 12-Sep-21 | EYAL R3 | Basildon |
| U17M | SP5KU17M | Patrick McLean-Tattan | 12.78 | | 31-Jul-21 | Essex Championships | Chelmsford |
| U17M | SP5KU17M | Jacob Blanc | 11.37 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | SP5KU17M | Ronnie Adoma | 10.27 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U17M | SP5KU17M | Matthew Page | 8.98 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U15M | SP4KU15M | Al-Ameen Salaam | 13.03 | AT U15B =5th | 15-Aug-21 | EYAL R2 | Chelmsford |
| U15M | SP4KU15M | Noah Harriott | 10.86 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U15M | SP4KU15M | Oscar Shearing | 9.81 | | 5-Jun-21 | YDL LAG R1 | Mile End |
| U15M | SP4KU15M | Jude Ogundare | 8.79 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U15M | SP4KU15M | Michael Tesi | 7.86 | | 12-Sep-21 | EYAL R3 | Basildon |
| U15M | SP4KU15M | Luca Gregory | 6.85 | | 12-Sep-21 | EYAL R3 | Basildon |
| U15M | SP4KU15M | Nathan Hart | 6.60 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U13B | SP3KU13B | James Campbell | 8.42 | | 12-Sep-21 | EYAL R3 | Basildon |
| U13B | SP3KU13B | Freddie Hatcher | 6.39 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | SP3KU13B | Aidan Doherty | 5.91 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | SP3KU13B | Taylor Dixon | 5.48 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | SP3KU13B | Luca Rawle | 4.98 | | 4-Jul-21 | EYAL R1 | Thurrock |
| SM | DT2K | Duane Jibunoh | 43.70 | | 28-Aug-21 | NAL Championship R4 | Lee Valley |
| SM50 | DT2K | Mark Bishop | 30.97 | AT M50 3rd | 6-Jun-21 | NAL Championship R1 | Chelmsford |
| SM45 | DT2K | Arron Bonning | 26.17 | | 11-Jul-21 | SAL R2 | Woodford |
| U20M | DT1.75K | Toby Bishop | 36.05 | AT U20M 9th | 30-May-21 | YDL UAG R1 | Woodford |
| U20M | DT1.75K | Bradley James | 27.80 | | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | DT1.5K | Patrick McLean-Tattan | 43.12 | AT U17M 4th | 30-May-21 | YDL UAG R1 | Woodford |
| U17M | DT1.5K | Brendan Burgess | 37.09 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | DT1.5K | Jacob Blanc | 33.28 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | DT1.5K | Ayo Babatunde | 30.56 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | DT1.5K | Lewis Edwards | 25.80 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U15M | DT1.25K | Michael Tesi | 29.89 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U15M | DT1.25K | Noah Harriott | 28.39 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U15M | DT1.25K | Ronin Valydon | 26.38 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U15M | DT1.25K | Bobby Williams | 25.00 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U13B | DT1K | Zak Williams | 20.98 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | DT1K | Shea Sweeney | 15.24 | | 12-Sep-21 | EYAL R3 | Basildon |
| U13B | DT1K | Luca Rawle | 13.74 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U20M | JT800 | Max Law | 64.20 | | 2-May-21 | HAC Spring Warm Up | Hornchurch |
| U20M | JT800 | Peter Brinton-Quinn | 61.64 | AT U20M 3rd | 12-Sep-21 | Javelin Festival | Lee Valley |
| U20M | JT800 | Bradley James | 57.68 | AT U20M 5th | 1-Aug-21 | Essex Championships | Chelmsford |
| U20M | JT800 | Hal Hutton | 50.21 | AT SM 16th | 5-Sep-21 | YDL UAG R3 | Basildon |
| SM | JT800 | Duane Jibunoh | 49.06 | | 11-Sep-21 | SAL R4 | Thurrock |
| U20M | JT800 | Toby Bishop | 43.99 | | 1-Aug-21 | Essex Championships | Chelmsford |
| SM45 | JT800 | Arron Bonning | 34.21 | AT M45 3rd | 11-Sep-21 | SAL R4 | Thurrock |
| U20M | JT800 | Luke Chester | 33.04 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| U17M | JT700 | Oliver Yexley | 49.53 | | 12-Jun-21 | Essex Schools Championships | Chelmsford |
| U15M | JT700 | Bobby Williams | 48.35 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | JT700 | Patrick McLean-Tattan | 47.95 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U17M | JT700 | Oliver Grundy | 44.06 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U17M | JT700 | Matthew Page | 39.49 | | 12-Sep-21 | EYAL R3 | Basildon |
| U17M | JT700 | Ayo Babatunde | 34.11 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | JT700 | Brendan Burgess | 32.94 | | 26-Jun-21 | ESAA East Anglian Comb Even | Corby |
| U17M | JT700 | Jacob Blanc | 28.52 | | 18-Sep-21 | ESAA Comb Events Final | Bedford |
| U15M | JT600 | Bobby Williams | 53.92 | AT U15B ?h | 12-Sep-21 | EYAL R3 | Basildon |
| U15M | JT600 | Michael Tesi | 29.41 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U15M | JT600 | Luca Gregory | 26.41 | | 31-Jul-21 | Essex Championships | Chelmsford |
| U13B | JT600 | Zak Williams | 24.96 | | 30-Jun-21 | Essex Schools Year 7 Champs | Chelmsford |
| U15M | JT600 | James Brinton-Quinn | 20.50 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U15M | JT600 | Lochlan Dyer | 18.50 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U13B | JT600 | Sam Burdett | 22.38 | | 30-Jun-21 | Essex Schools Year 7 Champs | Chelmsford |
| U13B | JT400 | Zak Williams | 38.45 | AT U13B 4th | 12-Sep-21 | EYAL R3 | Basildon |
| U13B | JT400 | Sam Burdett | 30.48 | AT U13B 10th | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | JT400 | Taylor Dixon | 25.57 | | 4-Jul-21 | EYAL R1 | Thurrock |
| U13B | JT400 | William Tilson | 25.30 | | 19-Sep-21 | HAC Champs & open | Hornchurch |
| U13B | JT400 | James Campbell | 17.63 | | 12-Sep-21 | EYAL R3 | Basildon |

Havering AC Male 2021 Rankings as at 01/10/2021

| Age Group | Event | Name | Performance | All Time | Date | Meeting | Venue |
|-----------|---------|-----------------------|-------------|-------------|------------|------------------------------|------------|
| SM | HT7.26K | Duane Jibunoh | 20.76 | | 28-Aug-21 | NAL Championship R4 | Lee Valley |
| SM45 | HT7.26K | Arron Bonning | 19.85 | | 11-Jul-21 | SAL R2 | Woodford |
| SM | HT7.26K | Karl Tucker | 13.40 | | 28-Aug-21 | NAL Championship R4 | Lee Valley |
| SM45 | HT7.26K | Steve Rand | 13.38 | | 14-Aug-21 | SAL R3 | Woodford |
| SM45 | HT7.26K | Martin Chester | 9.37 | | 14-Aug-21 | SAL R3 | Woodford |
| SM50 | HT7.26K | Russ Middleton | 8.50 | | 14-Aug-21 | SAL R3 | Woodford |
| U17M | HT5K | Patrick McLean-Tattan | 42.39 | AT U17M 7th | YDL UAG R3 | Basildon | Chelmsford |
| U17M | HT5K | Matthew Page | 7.47 | | 30-May-21 | YDL UAG R1 | Woodford |
| U15M | HT4K | Nathan Hart | 16.21 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U15M | HT4K | Michael Tesi | 14.44 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U20M | DecU20M | Bradley James | 5733 | AT U20M 3rd | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U20M | DecU20M | Toby Bishop | 5713 | AT U20M 4th | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | OctU17M | Jacob Blanc | 4960 | AT U17M 2nd | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | OctU17M | Ayo Babatunde | 4314 | AT U17M 4th | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U17M | OctU17M | Brendan Burgess | 4233 | AT U17M 7th | 19-Sep-21 | ESAA Comb Events Final | Bedford |
| U15M | PenU15M | Al-Ameen Salaam | 2819 | AT U15M 4th | 27-Jun-21 | ESAA East Anglian Comb Eveni | Corby |
| SM | 4x100R | ST, AyoA, AkA, RA | 43.45 | | 6-Jun-21 | NAL Championship R1 | Chelmsford |
| U17M | 4x100R | RA, RS, JB, DA | 44.29 | | 5-Sep-21 | YDL UAG R3 | Basildon |
| U20M | 4x100R | MO, AE, TB, RH | 44.90 | | 30-May-21 | YDL UAG R1 | Woodford |
| U15M | 4x100R | DL, LB, AAS, CA | 46.4 | | 15-Aug-21 | EYAL R2 | Chelmsford |
| U13B | 4x100R | SB, RA, HP, LB | 56.3 | | 17-Jul-21 | YDL LAG R2 | Dartford |
| U13B | 4x100R | SB, SS, AD, RA | 56.74 | | 5-Jun-21 | YDL LAG R1 | Mile End |
| U15M | 4x300R | DL, NH, OTB, IO | 2:41.91 | | 4-Sep-21 | YDL LAG R3 | Woodford |
| U20M | 4x400R | MO, LC, DT, RH | 3:41.35 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |
| U17M | 4x400R | MB, AW, CS, SH | 3:50.82 | | 27-Jun-21 | YDL UAG R2 | Hornchurch |