

Masters - Women (as at 31st March 2025)

Any additions and amendments are welcome, particularly clarification about weights of implements in field events etc.

35-39

100 Metres

1	Chloe Williams	13.1		18 th June 2023
2	Lesley Felton	13.4		27 th September 1998
3	Ruth O'Sullivan	13.7	W40	16 th June 1999
4	Cathy Matthews	15.1		5 th April 2008

200 Metres

1	Lesley Felton	27.3		27 th September 1998
2	Ruth O'Sullivan	27.8	W40	16 th June 1999
3	Chloe Williams	28.38		15 th July 2023
4	Nina Brennan	29.01		25 th September 2022
5	Amy Leech	29.92	W40	17th August 2024
6	Tina Quinlivan	30.2		12 th July 2014

400 Metres

1	Lesley Felton	61.0	W40	4 th September 1999
2	Ruth O'Sullivan	61.1		10 th April 1993
3	Chloe Williams	63.35 indoor (63.89		16th February 2025 17 th September 2023)
3	Nina Brennan	63.64		3 rd September 2023
5	Tina Quinlivan	69.4		25 th April 2015

600 Metres

1	Ruth O'Sullivan	1.46.4	W40	3 rd April 1999
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800 Metres

1	Lesley Felton	2:20.7		30 th May 1998
2	Ginte Bailey	2:26.61		7 th August 2021
3	Amy Leech	2:42.81	W40	17th August 2024
4	Robyn Matson	2:44.20		11 th June 2023
5	Clare Rudgley	3:23.9		21 st April 2012

1500 Metres

1	Ginte Bailey	4:51.87		14 th August 2021
2	Lauren Deadman	4:52.01		6 th June 2021
3	Lesley Felton	4:58.8		19 th August 1998
4	Christine Wilkins	5:07.0		20 th May 1989
5	Cathy Matthews	5:30.22	W40	6 th July 2008
6	Ruth O'Sullivan	5:34.7	W40	28 th August 2000
7	Robyn Matson	5:42.01		15 th July 2023

3000 Metres

1	Lauren Deadman	10:10.29		6 th June 2021
2	Ginte Bailey	10:28.20		31 st July 2021
3	Robyn Matson	11:04.22		1st June 2024
4	Lesley Felton	12:21.26	W45	2 nd July 2006
5	Dawn Hawes	12:41.5	W40	15 th July 2000
6	Jane Hallam	13:07.3	W45	18 th May 2013
7	Ruth O'Sullivan	13:24.0		4 th September 1993
8	Mo Lear	14:57.48		10 th August 2013
9	Hannah Connor	15:15.90		17 th August 2019

2024 Updates in blue

2025 Updates in red

5000 Metres

1	Lauren Reed (Deadman)	17:21.7 (17:24.61)		16 th June 2023 13 th July 2019)
2	Ginte Bailey	18:39.78		11 th September 2021
3	Robyn Matson	19:30.57		15th June 2024
4	Clare Davies	22:19.45		17th August 2024

Half Marathon

1	Lauren Reed	73:38		25th February 2024
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Marathon

1	Lauren Reed	2:38.02	W40	21st April 2024
2	Debbie Appleton	2:48.38	W40	21 st April 2013
3	Robyn Matson	3:03.37		23 rd April 2023
4	Clare Davies	3:34.04		23 rd April 2023
5	Denise Harris	3:34.51		13 th Apr 2008
6	Tina Quinlivan	3:50.10		13 th April 2014
7	Lesley Gahagan	3:56.33	W50	26 th April 2009
8	Linda Smith	3:57.21	W50	18 th April 2004
9	Jane Hallam	3:57.32	W40	25 th April 2010

60 Metres Hurdles

1	Chloe Williams	8.96 indoor		9th February 2025
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100 Metres Hurdles

1	Chloe Williams	14.48		13 th May 2023
2	Claire Brennan	16.92		7 th May 2017
3	Cathy Matthews	18.6	W40	26 th July 2008
4	Ruth O'Sullivan	20.0		13 th August 1994

400 Metres Hurdles

1	Chloe Williams	65.98		22nd June 2024
2	Claire Brennan	68.56		3 rd July 2016
3	Ruth O'Sullivan	71.5	W40	26 th June 1999
4	Cathy Matthews	74.3	W40	26 th April 2008

1500m S/chase

1	Ginte Bailey	6:12.82		17th August 2024
2	Tina Quinlivan	6:44.0		10 th August 2013

2000m S/chase

1	Ginte Bailey	8:43.4		14th July 2024
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Long Jump

1	Lesley Felton	4.35m		19 th July 1997
2	Cathy Matthews	4.24m	W40	28 th June 2008
3=	Maria Luck	4.22m	W45	11 th August 2002
3=	Claire Brennan	4.22m		21 st May 2017
5	Ginte Bailey	3.80m		15th September 2024
6	Ruth O'Sullivan	3.71m	W40	28 th August 2000
7	Robyn Matson	3.32m		11 th June 2023

High Jump

1	Chloe Williams	1.41m		22nd June 2024
2	Claire Brennan	1.40m		3 rd July 2016

2024 Updates in **blue**2025 Updates in **red**

Triple Jump

1	Claire Brennan	10.03m		16 th September 2018
2	Cathy Matthews	8.68m		26 th April 2008
3	Maria Luck	8.12m	W45	11 th August 2002
4	Ginte Bailey	7.28m		5 th August 2023
5	Ruth O'Sullivan	6.84m	W40	4 th September 1999

Pole Vault

1	Tina Quinlivan	2.90m ind (2.80m)		6 th February 2016
2	Claire Brennan	2.70m	W40	10 th June 2015)
3	Nina Brennan	1.85m		14 th August 2021
				19 th August 2023

Javelin

1	Claire Brennan	21.18m		21 st May 2017
2	Tina Quinlivan	13.98m		14 th July 2012

Discus

1	Nina Brennan	23.84m		19 th September 2021
2	Claire Brennan	21.52m		17 th April 2016

Shot

1	Nina Brennan	8.03m		17th August 2024
2	Claire Brennan	7.90m		18 th September 2016

Hammer

1	Ruth Lovell	24.30m	W40	2 nd August 1997
2	Nina Brennan	19.84m		7th August 2024
3	Hannah Connor	18.97m		17 th August 2019

40-44**100 Metres**

1	Lesley Felton	13.5		15 th August 1999
2	Ruth O'Sullivan	13.7		16 th June 1999

200 Metres

1	Lesley Felton	27.5		15 th August 1999
2	Ruth O'Sullivan	27.8		16 th June 1999
3	Amy Leech	29.92		17th August 2024

400 Metres

1	Lesley Felton	61.0		4 th September 1999
2	Ruth O'Sullivan	61.4		26 th June 1999

600 Metres

1	Ruth O'Sullivan	1.46.4		3 rd April 1999
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800 Metres

1	Lesley Felton	2:19.15		3 rd August 1999
2	Amy Leech	2:42.81		17th August 2024

1500 Metres

1	Lesley Felton	4:59.3	W45	23 rd July 2005
2	Cathy Matthews	5:30.22		6 th July 2008
3	Ruth O'Sullivan	5:34.7		28 th August 2000

3000 Metres

1	Lesley Felton	12:21.26	W45	2 nd July 2006
2	Dawn Hawes	12:41.5		15 th July 2000
3	Jane Hallam	13:07.3	W45	18 th May 2013
4	Ruth O'Sullivan	13:26.3	W45	4 th August 2002

5000 Metres

1	Juliet Ward	24:51.7	W45	4 th July 2015
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Marathon

1	Lauren Reed	2:38.02		21st April 2024
2	Debbie Appleton	2:48.38		21 st April 2013
3	Lesley Gahagan	3:56.33	W50	26 th April 2009
4.	Linda Smith	3:57.21	W50	18 th April 2004
5	Jane Hallam	3:57.32		25 th April 2010

100 Metres Hurdles

1	Claire Brennan	17.71		22nd June 2024
2	Cathy Matthews	18.6		26 th July 2008

400 Metres Hurdles

1	Claire Brennan	68.75		3 rd July 2021
2	Ruth O'Sullivan	71.5		26 th June 1999
3	Cathy Matthews	74.6		30 th August 2008

High Jump

1	Claire Brennan	1.40m		20 th June 2021
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Long Jump

1	Cathy Matthews	4.24m		28 th June 2008
2	Maria Luck	4.22m	W45	11 th August 2002
3	Ruth O'Sullivan	3.71m		28 th August 2000

Triple Jump

1	Cathy Matthews	8.64m		28 th June 2008
2	Maria Luck	8.12m	W45	11 th August 2002
3	Ruth O'Sullivan	6.84m		4 th September 1999

Pole Vault

1	Tina Quinlivan	2.90m		18 th August 2017
2	Claire Brennan	2.70m		14 th August 2021

Shot

1	Claire Brennan	7.56m		18 th June 2023
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Javelin

1	Claire Brennan	20.51m		14 th August 2021
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Hammer

1	Ruth Lovell	24.30m		2 nd August 1997
2	Claire Brennan	14.21m		21 st August 2022

45-49**200 Metres**

1	Lesley Felton	29.2		4 th September 2005
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400 Metres					
1	Lesley Felton	63.4			3 rd August 2005
800 Metres					
1	Lesley Felton	2.23.61			17 th July 2005
1500 Metres					
1	Lesley Felton	4:59.3			23 rd July 2005
3000 Metres					
1	Lesley Felton	12:21.26			2 nd July 2006
2	Jane Hallam	13:07.3			18 th May 2013
3	Ruth O'Sullivan	13:26.3			4 th August 2002
5000 Metres					
1	Juliet Ward	24:51.7			4 th July 2015
Marathon					
1	Lesley Gahagan	3:56.33	W50		26 th April 2009
2	Linda Smith	3:57.21	W50		18 th April 2004
3	Jane Hallam	3:57.32			25 th April 2010
Long Jump					
1	Maria Luck	4.22m			11 th August 2002
Triple Jump					
1	Maria Luck	8.12m			11 th August 2002
<u>50+</u>					
800 Metres					
1	Anne Gifford	2:57.6			20 th July 2019
		(2:58.50)			26 th August 2019)
2	Ruth O'Sullivan	3:48.4			14 th July 2012
1500 Metres					
1	Tracy O'Neill	6:58.71			17 th August 2019
2	Ruth O'Sullivan	7:46.9			14 th July 2012
3000 Metres					
1	Ruth O'Sullivan	16:07.5			14 th July 2012
Marathon					
1	Lesley Gahagan	3:56.33			26 th April 2009
2	Linda Smith	3:57.21			18 th April 2004