Southern Athletics League, Round 2, Eton Sunday 22nd June 2025

Posn	Team Name	Points
1	Thames Valley Harriers	332
2	Windsor Slough, Eton & Hounslow	307
3	City of Norwich	237
4	Blackheath & Bromley	197
5	Havering AC	193
6	Southampton AC	97

The Havering Southern Athletic League team had to settle for fifth place in their second-round fixture at Eton on Sunday. It was the best that the shorthanded team, hit by late withdrawals, could hope for in this Division 1 top of the table clash as the first three clubs on the day had all won their first-round matches.

The club highlights came in the middle-distance events which produced five of the club's six victories. The women's 1500m steeplechase saw Under 17s Poppy Vines and Orla Friel battle it out from gun to tape, in only their second attempts at the event to come home first and second for maximum points, with Poppy's time setting a new club U17 best, and Orla only a stride back. Orla had earlier tackled the 400m hurdles for the first time placing fourth.

There were also maximum points for James Stewart and Chander Dhillon in the 3000m as the pair came through in the last few laps to cross the line in first and second to take A and B string victories. Kate O'Neill also added a track win in the 1500m as she made the pace from the start and came home in the second fastest time of her career, 15m clear ahead of the Thames Valley athlete who had a fastest PB, with Rebecca O'Rourke fourth in the B string.

Shane Hart ran well for runners up spot in the 800m and Andrew Adebusoye and Sam Mahoney were both third in their 1500m competitions. More good middle-distance points were gathered in the women's 3000m as team manager Ginte Bailey was third in the A string and Robyn Matson was second in the B, and Maddie Barker improved her 800m PB in fourth. Top three places were earned by Louis Berrett who was second in his B 400m, and he added 100m & 200m points in a busy day, while Isaac Ogunlade's 400m season's best placed him third and U17 Max Adeosun was third in the 200m after placing fourth in the 100m sprint.

The sixth points maximum came in the B string javelin where U17 Sam Burdett took full points in his second only competition with the senior weight javelin. Toby Bishop added points in the A javelin, discus and shot, while dad Mark claimed second places in the B shot and discus. Katie Ennis's best placing was third in the discus with points also in the hammer and javelin.

Claire Brennan equalled her career best and club W40 pole vault record and there were sprint PBs for Under 17s Jessie Lynes (100m & 200m), Liberty Jamlick (200m) on her club debut, and Ryan Alexander and Jayden Wilkinson (both 200m).

The squad face a slightly easier fixture in their third-round match at Gillingham and will be aiming for a top three finish in this competitive top Southern division.

EVENT	A STRINGS	Pos.	Time/Dist	B STRINGS	Pos.	Time/Dist
100	Cassie Campbell U20	6	13.10w	Jessie Lynes U17W	5	13.63w
200	Cassie Campbell U20	5	26.40w	Liberty Jamlick U17W	6	27.46
400	Jessie Lynes U17	6	65.89	Grace Tilson U17	5	70.22
800	Maddie Barker	4	2:15.93	Ginte Bailey W35	5	2:30.22
1500	Kate O'Neill	1	4:37.20	Rebecca O'Rourke	4	5:40.48
3000	Ginte Bailey W35	3	11:03.11	Robyn Matson W35	2	11:23.37
100H	Claire Brennan W40	5	18.12			
400H	Claire Brennan W40	6	72.28	Orla Friel U17W	4	77.12
1500SC	Poppy Vines U17W	1	5:29.90 #	Orla Friel U17W	1	5:30.34
H.J.	Sophia Willson U20	5	1.43	Grace Tilson U17	5	1.28
P.V.	Claire Brennan W40	5	2.70			
L.J.	Sophia Willson U20	6	4.36	Liberty Jamlick U17W	x	

T.J.	Sophia Willson U20	5	9.02	Grace Tilson U17	4	8.72
S.P.	Maggie Smith U20W	5	7.99	Nina Brennan W40	5	7.57
D.T.	Katie Ennis U20	3	32.66	Nina Brennan W40	5	20.11
H.T.	Katie Ennis U20	5	31.06	Nina Brennan W40	5	14.56
J.T.	Katie Ennis U20	5	20.86	Maggie Smith U20W	4	19.58
4x100	00 Sophia, Jessie, Liberty, Cassie				5	53.29
EVENT	A STRINGS	Pos.	Time/Dis	st B STRINGS	Pos.	Time/Dist
100	Max Adeosun U17W	4	11.31	Louis Berrett	5	11.70w
200	Max Adeosun U17W	3	22.82	Louis Berrett	5	23.62
400	Isaac Ogunlade	3	49.71	Louis Berrett	2	52.50
800	Shane Hart U20	2	1:58.73	Jayden Wilkinson U17	6	2:18.69
1500	Andrew Adebusoye	3	4:11.13	Sam Mahoney	3	4:15.22
3000	James Stewart	1	9:02.40	Chander Dhillon	1	9:05.08
110H	Luke Williams M35	4	20.54w	Toby Bishop	DNF	
400H				-		
H.J.	Ryan Alexander U17M	4	1.73	Harrison Rabess U17	4	1.48
P.V.	Luke Williams M35	4	3.55	Arron Bonning M45	4	2.95
L.J.	Jayden Wilkinson U17	5	5.62	Harrison Rabess U17	4	5.38
T.J.	Andrew Adebusoye	6	10.62	Arron Bonning M45	4	10.24
S.P.	Toby Bishop	5	9.90	Mark Bishop M55	2	9.28
D.T.	Toby Bishop	4	32.29	Mark Bishop M55	2	29.68
J.T.	Toby Bishop	5	41.75	Sam Burdett U17	1	40.85
H.T.	Arron Bonning M45	6	20.48	Jason Lendon M50	5	15.10
4x100	Ryan, Louis, Jayden, Max					47.91
4x400	Andrew 53.9, Poppy 66.0, Kate 66.8, Shane 51.6					3:58.31
4x400	Sam 57.9, Grace 68.9, Ginte 72.0, James 61.1					4:19.90

Non-Scoring: MEN: 200: Ryan Alexander U17 23.60; Jayden Wilkinson U17 25.16; JT: Wiliam Tilson U17 33.78.

Non-Scoring: WOMEN: 200: Jessie Lynes U17 28.14w.

Club Under 17 Women's best