



## **Eastern Young Athletes' League, Hornchurch Sun 5<sup>th</sup> July 2026**

	<b>Total</b>	<b>BU14</b>	<b>BU16</b>	<b>MU18</b>	<b>GU14</b>	<b>GU16</b>	<b>WU18</b>
Chelmsford AC	863	115	141	121	115	156	161
SS Athletics / Enfield & H	838	140	154	124	130	129	106
<b>Havering AC</b>	787	125	140	147	123	126	59
Cambridge/Ely/Newmarket	526	77	65	122	52	112	37
Brentwood Beagles	407	71	49	18	81	46	89
Harlow AC	362	77	66	40	53	61	28
West Suffolk	64	0	10	0	7	8	0

The third Eastern Young Athletes League fixture at Hornchurch on Sunday saw the top three clubs in the league, who were all unbeaten so far, face off in what could prove to be a decider for the league title. Defending League champions Chelmsford staked their claim to the title with a win over last year's runners up SS Athletics and Enfield, as hosts Havering had to settle for third place.

The **Under 18 Boys** dominated their age group winning 18 of the 24 scoring events – including 11 of the 12 field events. There were win doubles for Sam Johnson (hammer and shot), Harrison Rabess (discus and B high jump), Reggie Marshall (B shot and discus), the long jump duo of Jayden Wilkinson and Tobias Samuel, and the javelin pair of Sam Burdett and Will Tilson, as Emanuel Iwuchukwu won the triple jump and was A high jump runner up. On the track Romel Semper won both sprints, with a PB in the 100m, and Peter Aderibigbe won the B 100m and was 200m B runner up. Ryan Alexander won the 400m and European U18 champs bound Freddie Rowe blasted the last two laps of the 1500m for an easy win. Ryan, Peter and Romel were joined by Tobi Bello in the winning sprint relay quartet.

Both the **Under 14** teams were runners up. Olivia Rae Vaughan and Ava McMillan took full points with win doubles in both the 100m and 200m races. Lucy Tregidgo and Edie Smith won both A & B hurdles and there were field B string wins for Betsy Morrow (shot) and Emily Johnson (javelin). Sophia Karim was second in the javelin A and more second place points were earned by Isla Herrera (high jump), and Destiny Carbon (shot). Betsy, Ava, Destiny and Olivia again combined to win the sprint relay.

There was another win double for Elijah Lowe in both 100m and 200m sprints, with Dre Overare winning the B 100m and finishing second in the 200m. Austin Broadhurst won the 800m with a front running display to improve his best and Max Forman was B string runner up, with Joseph Legg second in the 1500m B event. Broadhurst was second in the B high jump and Adeleke Adenuga was A high jump runner up. George Cowley won the pole vault and William Hiles won the shot and was second in the hammer and discus, with AJ Gray second in the B discus. Lawrence Fearon joined Dre, William and Elijah to win the sprint relay.

There were third places for both the **Under 16** teams. Josh Buxton again won both the 100m and sprint hurdles for the **Boys**, while David Ojo Ekhaton won the B 100m and was second in the A 200m, as was his 200m B string partner Tobi Oluseye. The 800m pair of Jack Rossington and Jake Tregidgo were second and first in their A and B strings, both in PBs. There were throws wins for Ameer Salaam and Zephaniah Smith (shot A and B), with Ameer also winning the B discus. Matthew Hamberger was A string discus runner up, and Barney Sullivan was second in the javelin B.

The **Under 16 Girls** had four wins as Abigail Adegite won the high jump in a new PB, and was second in the long jump, and Esther Olajide won the B high jump with a new PB. Ome Nwapa won the hurdles and was second in the 200m as Millie Cook won the 200m B string, after placing second in the 100m. Kia Hylton-Jones was second in both the shot and discus B strings and Ayla Baker was second in the javelin. The quartet of Ome, Millie, Abigail and Esther were second in the relay.

The **Under 18 Women's** squad were badly hit by holidays and other commitments. Oma Nwapa was second in the 100m and hurdles and Amy Mansell was second in the 200m, and the pair were joined by Jessie Lynes and Mary Olubukola Sogbetun in the second placed relay squad.

The league season concludes with the fourth fixture at Bedford on 16<sup>th</sup> August and a good result will see the team confirm a top three league position and secure their place in the end of season Top 6 final in September.